

Dear Reader,

You Have the Power...Know How to Use it, Inc., is a not-for-profit agency founded in 1993 in Nashville, Tennessee. Dedicated to raising awareness about crime and justice issues, our goal is to make positive change happen through community involvement and collaboration with other agencies.

With the help of many volunteers, we have presented public forums on issues such as personal safety, domestic violence, teen violence, child sexual abuse, Tennessee's sex offender registry, elder abuse, Internet dangers, homicide, and the problem of illegal methamphetamine production and use. In addition, we have created a library of video documentaries and other educational materials on these topics.

This book addresses the issues of illegal methamphetamine production and use, and the destructive impact it has on children, adults, families, communities, and the environment. By raising awareness about this problem, we can reduce the number of labs that are producing the drug, identify children who are the innocent victims of this crime, and offer hope for recovery to the person who is addicted.

If you wish further information about the educational materials we offer, or information about presenting a public forum on one of these topics, you may contact us at:

You Have the Power  
2814 12th Avenue South, Suite 211  
Nashville, TN 37204  
phone (615) 292-7027, fax (615) 292-4088,  
or visit our website at: [www.yhtp.org](http://www.yhtp.org)

## **WHAT IS METHAMPHETAMINE?**

- Powerful, addictive stimulant. Related to amphetamine, but the effects of methamphetamine are more lasting and harmful to the central nervous system.
- Can be made in small, illegal laboratories where it is "cooked" using common household equipment and easily available chemicals.
- May also be produced on a large scale in superlabs.
- Commonly called Meth, Crank, Speed, Glass, Chalk, Crystal, Crystal Meth, Ice.
- May be snorted, injected, smoked or taken orally.

## **WHAT DOES METHAMPHETAMINE LOOK LIKE?**

Methamphetamine can be produced in several different forms:

- Powder that can be dissolved in water.
- Clear or almost clear crystal-like chunks that can be smoked, known as crystal meth or ice.
- Powder or crystal can be white, yellow, or even darker colors such as brown or red.
- Most recently, dealers have begun creating candy-colored and flavored varieties of meth as a gimmick to lure younger users and make the drug seem less dangerous.

## **IF METH CAN BE MADE IN AN EVERYDAY LOCATION, WHAT ARE POSSIBLE SIGNS OF AN ACTIVE LAB?**

- Unusual strong odors like pet urine, ether, ammonia, acetone, or other chemicals coming from buildings, sites or vehicles
- Large amounts of allergy/cold/diet medications present at the location, such as ephedrine or pseudo ephedrine or a large amount of discarded packages and containers that once contained these medications.
- Large quantities of solvents such as acetone, Coleman fuel, toluene
- Large amount of coffee filters or discarded coffee filters with odd stains, such as a white pasty substance or a dark red sludge.
- Lithium batteries, antifreeze containers, lantern fuel cans, propane tanks
- Propane tanks with fittings that have turned turquoise (Explosive! Very Dangerous!).

- Bottles or jars containing separated layers of clear and opaque liquids.
- Aluminum foil, kitty litter, turkey basters, funnels, blenders on site.
- Bottles or jars with rubber tubing attached.
- Glass cookware or frying pans containing a powdery residue.
- Heavy foot traffic in and out of a residential building, especially during late hours, or numerous visitors who stay 5 or 10 minutes.
- Residences with blacked out windows or with window fans operating in cold weather
- Extensive electronic security devices, such as motion sensors or surveillance cameras or signs such as "Private Property" or "Beware of Dog" in an area that wouldn't seem to warrant such precautions.
- Evidence of waste dumping such as burn pits, or dead spots in the yard.
- Unexplainable explosions or fires.
- Renters who pay cash, seem to be unemployed or have no obvious source of income.
- Motel renters who refuse maid service.
- Exploded microwaves.

## WHAT DOES METH DO TO YOUR BODY?

Methamphetamine users experience:

- Rapid and irregular heartbeat, increased blood pressure
- Insomnia and sleep disorders
- Decrease in appetite, causing weight loss and malnutrition
- Violent behavior, hallucinations, paranoia, delusions, which may persist for months or years after use has stopped.
- Nosebleeds, itching, skin welts and lesions. Body sores worsened by a phenomenon known as "crank bugs", hallucinations where insects are perceived to be crawling on the body, causing the user to scratch and gouge the skin.
- Extreme increase in sex drive during early stages of use
- Gum disease and loss of teeth, commonly known as "meth mouth"
- Convulsions or stroke, kidney and liver damage
- Impaired ability to learn or recall information
- Long term damage to regions of the brain that control memory and motor coordination
- Prolonged effects on the brain, which can permanently damage the brain's blood vessels
- HIV risk behavior
- Highly addictive drug and difficult to treat. Recovery rates drop even lower if long-term treatment is not available.

## HOW ARE CHILDREN LIVING IN METH LAB SITES AFFECTED?

Whether the use is episodic or chronic, parental involvement with methamphetamine profoundly affects children. If the meth is being "cooked" in the home, children may be exposed to toxic fumes, or from secondhand smoke if the meth is ingested by smoking. Food may also become contaminated from the fumes. Children may accidentally ingest the drug or the components used to make methamphetamine. The danger of fire or explosion from the manufacturing process is a constant risk.

Children may be exposed to witnessing, or being targets of, violence and abuse. Children found in meth lab homes are often living in indescribably poor sanitary conditions. Plumbing may be backed up if corrosive waste has been dumped down sinks, bathtubs or commodes. If the parent(s) have ceased to function as caregivers, the drug paraphernalia may be routinely within reach of a child, and unhygienic conditions can result in the child being infected with Hepatitis or HIV.

An addicted parent often neglects simple basic needs of their children, and it is not uncommon to find children acting as the primary caretaker of the younger siblings in the home. The children often receive little if any parental supervision or nurturing. Many are living in hazardous conditions with inadequate food, medical care, and supervision.

The parent's drug addiction often leads to an increase in physical, as well as sexual, abuse. Children can be exposed to episodes of violence, abusive acts, and overt sexual activity committed by parents as well as other drug-using individuals who may be present at the site. This chaotic lifestyle causes stress and trauma that can significantly affect the child's overall health, including behavioral, emotional, and cognitive functioning, that can color the rest of his/her life if not appropriately addressed.

Parent(s) under the influence of methamphetamine exhibit poor judgment, confusion, irritability, paranoia, and increased violence. If the parent is dependent on the drug, neglect of the children is more likely. Compounding the problem, children who are abused or neglected are more likely to have substance use disorders as adults.

The epidemic of methamphetamines is taking the child welfare system by storm. Child Protective Service workers respond to reports of illegal meth labs in homes where children are residing. If the report of the meth lab is substantiated, the children are removed from the home and are allowed to take nothing with them. All items inside the home are considered contaminated. It is necessary to remove the child's clothing, decontaminate him or her, and provide clean attire prior to removing the child from the scene. The emotional impact on children is devastating. They are not only taken from their parent(s) custody, often, they may be placed in homes far from their community if there isn't a suitable relative or foster home in the child's home county.

## Acknowledgements

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## Resources:

Department of Children's Services Resource Guide on Meth and Policy on Response  
Koch Crime Institute  
National Center on Substance Abuse and Child Welfare  
National Institute on Drug Abuse, National Institutes of Health  
OVC Bulletin, June 2003, *Children at Clandestine Meth Labs: Helping Meth's Youngest Victims*  
South/East TN Methamphetamine Task Force, *Neighborhood Resource Guide Spring 2003*  
Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment  
Tennessee Department of Health

### **Wilson County**

Sheriff's Department .....615-444-1412  
Lebanon Police Department .....615-444-2323  
Mount Juliet Police Department .....615-754-2550  
Watertown Police Department .....615-237-3326  
District Attorney General .....615-374-2604  
Wilson County Child Advocacy Center under development—call  
The Tennessee Chapter of Child Advocacy Centers for more info.

### **Helpful Websites**

[www.Methfreetennessee.com](http://www.Methfreetennessee.com)

DCS Resource Guide on Meth and policy on response:  
[www.tennessee.gov/youth/dcsguide/policies/chap14](http://www.tennessee.gov/youth/dcsguide/policies/chap14)

Koch Crime Institute Information on Meth:  
[http://www.kci.org/meth\\_info/faq\\_meth.htm](http://www.kci.org/meth_info/faq_meth.htm)

Tennessee Association of Alcohol, Drug, & Addiction Services  
[www.taadas.org](http://www.taadas.org)

## **WHAT ARE THE RISKS FOR A PREGNANT WOMAN WHO USES METH?**

A pregnant woman using methamphetamine puts her child at risk for premature birth, low birth weight and congenital abnormalities. Babies can be born methamphetamine-addicted and suffer birth defects, tremors, excessive crying, attention deficit disorder, and behavior disorders. Methamphetamine use during pregnancy affects development of brain, spinal cord, kidney, heart, and skeletal development. High doses of the drug may also cause a baby's blood pressure to rise rapidly, leading the baby to suffer strokes or brain hemorrhage before birth. There is also an increased risk abuse and neglect of children by parent(s) who use methamphetamine.

### **In The Newborn:**

- Meth affects transmitters in the brain, and babies often experience sleep disturbances and altered behavior patterns.
- Full-term babies born to mothers who use meth may have difficulty sucking and swallowing.
- Babies born to meth-addicted women cannot tolerate stimuli such as human touch and light. They often display tremors and coordination problems.
- Children with methamphetamine poisoning are often agitated, irritable, and exhibit inconsolable crying.

### **In School Age Children:**

Babies whose mothers were addicted to meth may experience:

- Learning disabilities, growth and developmental delays.
- Hyperactivity or attention deficit disorder, learning disabilities, and unprovoked fits of anger.

## **WHY SHOULD OUR COMMUNITY BE CONCERNED ABOUT METH USE AND PRODUCTION?**

A meth user is often paranoid, hallucinating, awake for days at a time without eating, and may be violent and well armed. Accidental or intentional contact with a person in this condition is unpredictable and very dangerous.

Meth production and trafficking increase the risk of injury or death for anyone near the production location. Meth labs have been found in private residences, apartments, motel rooms, mobile homes, tents, cars and even boats. The chemicals used in cooking meth are volatile and highly flammable. Explosions and fires can easily occur, injuring innocent bystanders who may be in the vicinity of the lab. Highly toxic chemicals and fumes saturate carpet and walls, as well as surrounding soil near the lab, and are known to cause cancer,

immune and respiratory problems, as well as short-term and permanent brain damage. Some of these chemicals are colorless and odorless gases. Adults and especially children living in these environments are in extreme jeopardy.

Environmental hazards are a huge concern as illicit lab operators often pour the toxic waste directly onto the ground, in storm drains, or down bathroom or kitchen drains. The toxic hazards can remain in soil and groundwater for years. The cleanup of the interior of a meth lab is hazardous and expensive and must be done by trained professionals. Furthermore, there is debate whether a site can be fully sanitized.

## WHAT WE CAN DO

- Know the ingredients that are used to make meth.
- If you are a storeowner selling common ingredients used to make meth, take notice of the amount of product you sell at one time, or put them behind the counter so purchaser has to ask for product.
- Be aware of signs of a possible meth lab.
- Know the physical symptoms of meth use.
- Report suspicious activity to law enforcement — **DO NOT INVESTIGATE ON YOUR OWN. METH COOKS OR DEALERS MAY BE VIOLENT AND LABS ARE EXTREMELY VOLATILE AND DANGEROUS!**
- Especially — Report to The Department of Children's Services any suspected labs where children are present. **The Tennessee Child Abuse Hotline is: 877-237-0004.**

## WHAT CAN YOU DO IF A FAMILY MEMBER IS USING METH?

The best way to help someone using meth is to get that person into treatment. Report the situation to the police or sheriff's department. If children are in the home, make sure they are safe.

Do not confront someone who is using or who has recently cooked meth, as behavior can be erratic, unpredictable, or violent.

Realize that only the addict can make the decision to stop using meth. And, most importantly, do not lose hope. It may take several attempts in treatment before the chronic methamphetamine user can truly be successful in overcoming the addiction.

### Warren County, Cont'd.

District Attorney General .....931-473-9572  
Children's Advocacy Center for the 31st Judicial District .....931-507-2386

### Washington County

Sheriff's Department .....423-461-1414  
Johnson City Police Department.....423-434-6125  
Jonesborough Police Department .....423-753-1053  
District Attorney General .....423-753-5020  
Children's Advocacy Center of the 1st Judicial District.....423-926-6528

### Wayne County

Sheriff's Department .....931-722-3613  
Clifton Police Department .....931-676-3370  
Collinwood Police Department.....931-724-9227  
Waynesboro Police Department .....931-722-5458  
District Attorney General .....931-762-7777  
Kid's Place, A Child Advocacy Center .....931-766-2213

### Weakley County

Sheriff's Department .....731-364-5454  
Dresden Police Department .....731-364-2255  
Gleason Police Department.....731-648-5547  
Greenfield Police Department.....731-235-3131  
Martin Police Department.....731-587-5355  
Sharon Police Department .....731-456-2122  
District Attorney General .....731-364-5513  
Child Advocacy Center of the 27th Judicial District .....731-587-0768

### White County

Sheriff's Department .....931-836-3621  
Sparta Police Department .....931-836-3734  
District Attorney General .....931-528-5015  
Upper Cumberland Child Advocacy Center .....931-525-1080

### Williamson County

Sheriff's Department .....615-790-5564  
Brentwood Police Department .....615-371-0160  
Fairview Police Department .....615-799-2435  
Franklin Police Department .....615-794-2513  
Nolensville Police Department .....615-776-3633  
District Attorney General .....615-794-7275  
Williamson County Child Advocacy Center.....615-778-0757

**Sumner County, Cont'd.**

White House Police Department.....615-672-4903  
District Attorney General .....615-451-5810  
Sumner County Child Advocacy Center.....615-451-2169

**Tipton County**

Sheriff's Department .....901-475-3300  
Atoka Police Department .....901-837-5302  
Brighton Police Department .....901-476-8661  
Covington Police Department.....901-476-5282  
Mason Police Department.....901-294-2100  
Munford Police Department .....901-837-5980  
District Attorney General .....901-465-7351  
Tipton County Child Advocacy Center .....901-476-1515

**Trousdale County**

Sheriff's Department .....615-374-2114  
Hartsville Police Department .....615-374-3994  
District Attorney General .....615-374-2604  
Trousdale County Child Advocacy Center under development—call  
The Tennessee Chapter of Child Advocacy Centers for more info.

**Unicoi County**

Sheriff's Department .....423-743-1850  
Erwin Police Department .....423-743-1870  
District Attorney General .....423-753-5020  
Children's Advocacy Center of the 1st Judicial District.....423-926-6528

**Union County**

Sheriff's Department .....865-992-5212  
Maynardville Police Department .....865-992-3821  
District Attorney General .....423-663-2544  
District Drug Task Force.....888-566-5840  
Children's Center of the Cumberland .....423-562-4190

**Van Buren County**

Sheriff's Department .....931-946-2118  
Spencer Police Department.....931-946-2351  
District Attorney General .....931-473-9572  
Children's Advocacy Center for the  
31st Judicial District .....931-507-2386

**Warren County**

Sheriff's Department .....931-473-7863  
McMinnville Police Department.....931-473-5377

**WHAT TREATMENT IS AVAILABLE FOR SOME-ONE ADDICTED TO METH?**

Treatment options for methamphetamine users include inpatient hospitalization for severe cases of long-term dependence and outpatient treatment with behavioral therapies. Methamphetamine does cause brain damage, but long-term abstinence may reverse some of that damage. The level of recovery is related to the length of time the user is abstinent.

Detoxification treatment requires intensive personal support, and treatment providers may prescribe certain medications to help the individual through this difficult period. Treatment should also include proper support and medical care for other illnesses including hepatitis, HIV, sexually transmitted diseases and tuberculosis. Dual psychiatric illnesses need proper diagnosis and treatment for addiction treatment to be successful.

One consideration in methamphetamine treatment is the user's generally continual pattern of use prior to entering treatment. Studies show users are more likely to use meth continuously throughout the day and over time, rather than concentrating use at one time, for example, on weekends or in the evening.

Methamphetamine triggers the release of the brain chemical dopamine in parts of the brain that regulate feelings of pleasure and body movement, causing euphoria and increased energy. While high levels of dopamine in the brain usually cause feelings of pleasure, an excessive amount can result in aggression, irritability and violent behavior.

Methamphetamine addiction depletes the brain of dopamine transporters, the structures that clear dopamine from spaces between neurons. When the chronic meth user withdraws from the drug, he or she may experience depression and an inability to experience pleasure as the brain is recovering. The process of rebuilding may require several days to several weeks. During the rebuilding time, the addict feels lack of energy and stamina. Methamphetamine use causes brain damage, but sustained abstinence from the drug may reverse some of that damage. Severe craving for the feeling once again of being as powerful as superman (or superwoman) may occur. If clients are using other addictive substances such as alcohol, nicotine or marijuana, the craving may increase and inhibitions regarding methamphetamine use are lowered.

For clients treated on an outpatient basis, the temptation to slip into old habits is ever-present.

The Bureau of Alcohol & Drug Abuse Services in the Tennessee Department of Health contracts with treatment providers of publicly funded services under the federal Substance Abuse Prevention and Treatment Block Grant, awarded in August 2004 and terminating in August 2007. Following best practices, treatment providers conduct a comprehensive assessment using the Addiction Severity Index (ASI) to determine the severity and impact of the client's meth use.

Following assessment, clients are placed in the appropriate level of care:

- Residential Rehabilitation services are highly structured, intensive services, which emphasize therapy and education. Services are designed to restore the severely dysfunctional individual to appropriate levels of functioning.
- Intensive Outpatient/Partial Hospitalization services are highly structured, intensive services in a non-residential setting which emphasize therapy and education to modify the problem behavior and to assist the client in acquiring skills necessary to live as independently as possible. Case management and supportive housing may be included in the support services.
- Women's and pregnant women's services combine the features of each level of care as described above and also emphasize child care, child maintenance, case management, transportation, and supportive housing. Healthy skills and habits regarding parenting, personal and work relationships, and financial management frequently are lacking. Successful recovery may depend on direct counseling and teaching regarding activities of daily living.

In Tennessee, when the Access to Recovery support services are combined with a Matrix Model, clients can remain engaged in services for a longer period of time, thereby increasing their opportunity for a successful recovery. The Matrix Treatment Model provides a structured outpatient treatment program combining behavioral, educational, and 12-step counseling techniques; relapse prevention and social support groups; individual counseling and family and group sessions.

As of December 31, 2006, Tennessee Access to Recovery served 11,375 individuals statewide; of these, 1,585 have been enrolled in the Matrix program dealing with stimulant addiction.

Like other chronic illness, successful recovery from addiction requires a change in behavior and a belief that a successful life is possible without the drug.

## **WHAT CAN WE SAY TO CHILDREN WHO ARE REMOVED FROM THEIR HOMES?**

Children who are removed from homes where meth is being cooked or consumed are victims of abuse, but they still love their parents and don't want to be separated from them. Children may not understand that the removal is in their best interest. Take the opportunity to be supportive and help children understand the removal is not their fault, nor are the actions of their parents the children's fault.

### **Sevier County, Cont'd.**

Safe Harbor Children's Advocacy Center .....865-453-2638

### **Shelby County**

Sheriff's Department .....901-545-5500  
 Bartlett Police Department .....901-385-5500  
 Collierville Police Department .....901-853-3207  
 Germantown Police Department.....901-757-7300  
 Memphis Police Department.....901-545-5386  
 Millington Police Department.....901-873-3886  
 Shelby County Police Department .....901-545-4413  
 District Attorney General .....901-545-5900  
 Memphis Child Advocacy Center.....901-525-2377

### **Smith County**

Sheriff's Department .....615-735-2626  
 Carthage Police Department .....615-735-2525  
 Gordonsville Police Department.....615-683-6088  
 South Carthage Police Department.....615-735-2727  
 District Attorney General .....615-374-2604  
 Smith County Child Advocacy Center under development—call  
 The Tennessee Chapter of Child Advocacy Centers for more info.

### **Stewart County**

Sheriff's Department .....931-232-5322  
 Cumberland City Police Department .....931-827-2000  
 Dover Police Department .....931-232-5907  
 District Attorney General .....931-296-9159  
 Child Advocacy Center .....615-446-8488

### **Sullivan County**

Sheriff's Department .....423-279-7514  
 Bluff City Police Department .....423-538-7144  
 Bristol Police Department.....423-989-5600  
 Kingsport Police Department .....423-229-9425  
 District Attorney General .....423-279-3278  
 Children's Advocacy Center of Sullivan County .....423-279-1222

### **Sumner County**

Sheriff's Department .....615-452-2616  
 Gallatin Police Department.....615-452-1313  
 Hendersonville Police Department .....615-264-5330  
 Millersville Police Department .....615-859-2758  
 Portland Police Department .....615-325-2061  
 Westmoreland Police Department.....615-644-2222



**Roane County, Cont'd.**

Oliver Springs Police Department .....865-435-7777  
Rockwood Police Department .....865-354-3388  
District Attorney General .....865-376-2145  
Child Advocacy Center of the 9th Judicial District .....865-986-1505

**Robertson County**

Sheriff's Department .....615-384-7972  
Coopertown Police Department .....615-382-4470  
Cross Plains Police Department .....615-654-2555  
Greenbrier Police Department .....615-643-4467  
Ridgetop Police Department .....615-851-0203  
Springfield Police Department .....615-384-8422  
District Attorney General .....931-648-5574  
Robertson County Child Advocacy Center.....615-384-5885

**Rutherford County**

Sheriff's Department .....615-898-7787  
Eagleville Police Department .....615-274-6992  
LaVergne Police Department .....615-287-8602  
Murfreesboro Police Department .....615-849-2685  
Smyrna Police Department .....615-459-6644  
District Attorney General .....615-898-8008  
Child Advocacy Center of Rutherford County .....615-867-9000

**Scott County**

Sheriff's Department .....423-663-2245  
Oneida Police Department .....423-569-4255  
Winfield Police Department .....423-569-6139  
District Attorney General .....423-663-2544  
District Drug Task Force.....888-566-5840  
Children's Center of the Cumberlandds .....423-569-8900

**Sequatchie County**

Sheriff's Department .....423-949-2193  
Dunlap Police Department .....423-949-3319  
District Attorney General .....423-775-4468

**Sevier County**

Sheriff's Department .....865-453-4668  
Gatlinburg Police Department .....865-436-5181  
Pigeon Forge Police Department .....865-453-9063  
Pittman Center Police Department .....865-436-5499  
Sevierville Police Department .....865-453-5506  
District Attorney General .....865-429-7021

Some appropriate things to say to children:

- Never make promises, or promise to keep secret anything the child tells you. Let children know other people need to know some of what they tell you so they can help them and help their parents.
- "A lot of people care about you and want to keep you safe".
- "Moms (or dads) sometimes have troubles and can't always take care of you the way they really want to, and sometimes they hurt people they love".
- "Moms (or dads) sometimes need help to take better care of you and keep you safe".
- "You have done nothing wrong and are not in trouble".
- "I know how hard it is for you to be going through this".
- "You are brave for talking about the scary things that happened".
- "The problems your mom (or dad) is having are not your fault. Just because she (or he) is having some problems doesn't mean they don't love you".
- "It's important to talk about the things you've been through and how you feel about being away from the people you love".
- "It's okay to feel sad, mad, scared, lonely, confused, or to have mixed feelings of happy and sad".
- "Do you have rules at school?" You can talk about rules and consequences, and, after that discussion, explain their parents have disobeyed the rules. "Adults have rules just like kids do. Sometimes parents need help, and while your parents are getting help, you will live in a safe place".
- Explain your role and that the role of the police, Department of Children's Services, and the court.
- Emphasize the ultimate job of everyone is to make sure children are safe.
- Tell children a "team" is working together to keep them safe, and team members are police, Department of Children's Services case manager, Child Advocacy Center advocate, therapist, medical personnel and a district attorney.
- Ask the child if they understand, and if they want to talk about how they feel. Encourage them to talk or to draw their feelings on paper.

# APPENDIX

## *Common Chemicals Used*

- Acetone
- Anhydrous ammonia (fertilizer, refrigerant)
- Carbon dioxide (frozen CO<sub>2</sub>) (Dry ice)
- Denatured alcohol
- Ether
- Car starting fluid
- Hydrochloric acid (muriatic acid)
- Pool acid
- Isopropyl alcohol (rubbing alcohol)
- Iodine
- Lithium metal (camera batteries & rechargeable batteries)
- Methyl alcohol (methanol) (anti-freeze, canned heat, de-icer)
- Wood Alcohol
- Methyl chloride (mineral spirits)
- Methyl sulfonyl methane (MSM) (dimethylsulfone, DMSO<sub>2</sub>)
- Naptha (white gas) (camping fuel)
- Phenylpropanolamine (PPA) (cold & allergy medication no longer available in US)
- Phosphorus (matchbook strikepads, road flare caps)
- Pseudoephedrine/Ephedrine (cold/allergy medication)
- Rock salt
- Sodium hydroxide (lye, drain cleaner)
- Sulfuric acid (car battery acid; drain cleaner)
- Toluene (brake cleaner)
- Trichloroethane (gun cleaner)
- Trichloroethylene (brake cleaner, degreaser)

## *Meth Lab Clean-up*

- Cooking 1 pound of Meth generates 5-6 pounds of toxic waste.
- Cooking Meth causes toxic and deadly gases not detectable without special equipment.
- The toxic fumes will permeate the walls and floors of the lab site.
- Chemical exposure at a Meth lab can cause respiratory distress, pulmonary edema, poisoning, burns.
- Clean-up must be done by specially trained professionals.
- Clean-up cost is expensive, and cost recovery for property owners is often very difficult.
- The long-term effects of these chemicals on children are unknown.

## Overton County

Sheriff's Department .....	931-823-5635
Livingston Police Department .....	931-823-6496
District Attorney General .....	931-823-1224
Upper Cumberland Child Advocacy Center .....	931-525-1080

## Perry County

Sheriff's Department .....	931-589-3507
Lobelville Police Department .....	931-589-2171
District Attorney General .....	931-796-3450
Williamson County Child Advocacy Center.....	615-778-0757

## Pickett County

Sheriff's Department .....	931-864-3210
District Attorney General .....	931-823-1224
Upper Cumberland Child Advocacy Center .....	931-525-1080

## Polk County

Sheriff's Department .....	423-496-3301
Benton Police Department .....	423-338-5733
Copperhill Police Department.....	423-496-5141
District Attorney General .....	423-744-2830
10th Judicial District. Children's Advocacy Center .....	423-744-0599

## Putnam County

Sheriff's Department .....	931-528-8484
Algood Police Department .....	931-537-6830
Baxter Police Department .....	931-858-4111
Cookeville Police Department .....	931-526-2300
Monterey Police Department .....	931-839-2323
District Attorney General .....	931-528-5015
Drug Task Force .....	931-528-5400
Upper Cumberland Child Advocacy Center .....	931-525-1080

## Rhea County

Sheriff's Department .....	423-775-7837
Dayton Police Department .....	423-775-8403
Greysville Police Department .....	423-775-9242
Spring City Police Department .....	423-365-6225
District Attorney General .....	423-775-4468

## Roane County

Sheriff's Department .....	865-376-5582
Harriman Police Department .....	865-882-3383
Kingston Police Department .....	865-376-2081

**Meigs County**

Sheriff's Department .....423-334-5268  
Decatur Police Department .....423-334-5716  
District Attorney General .....865-376-2145  
Child Advocacy Center of the 9th Judicial District .....865-986-1505

**Monroe County**

Sheriff's Department .....423-442-3911  
Madisonville Police Department.....423-442-2268  
Sweetwater Police Department .....423-337-6151  
Tellico Plains Police Department .....423-253-2333  
Vonore Police Department .....423-884-6211  
District Attorney General .....423-744-2830  
10th Judicial District Children's Advocacy Center.....423-744-0599

**Montgomery County**

Sheriff's Department .....931-648-0611  
Clarksville Police Department .....931-648-0656  
District Attorney General .....931-648-5574  
Montgomery County Child Advocacy Center .....931-553-5140

**Moore County**

Sheriff's Department .....931-759-7323  
District Attorney General .....931-685-2191  
Child Advocacy Center of the 17th Judicial District .....931-438-3233

**Morgan County**

Sheriff's Department .....423-346-6262  
Oliver Springs Police Department .....865-435-7274  
Wartburg Police Department.....423-346-7090  
District Attorney General .....865-376-2145  
Child Advocacy Center of the 9th Judicial District .....865-986-1505

**Obion County**

Sheriff's Department .....731-885-5832  
Hornbeak Police Department .....731-538-9626  
Kenton Police Department .....731-749-5479  
Obion Police Department .....731-536-6243  
Samburg Police Department .....731-538-3235  
South Fulton .....731-479-1311  
Troy Police Department .....731-536-4342  
Union City Police Department .....731-885-1515  
District Attorney General .....731-364-5513  
Child Advocacy Center of the 27th Judicial District .....731-587-0768

**Who To Call For Help**

**Statewide**

To Report any suspected Meth activity where children are involved,  
call the Statewide Child Abuse Hotline .....877-237-0004  
Tennessee Chapter of Children's Advocacy Centers .....615-327-9450  
Tennessee DCS 24 hour child abuse reporting hotline.....877-237-0004  
Tennessee Association of Alcohol, Drug & Addiction Services ....615-780-5901

**Anderson County**

Sheriff's Department .....865-457-6258  
Clinton Police Department .....865-457-3112  
Lake City Police Department .....865-426-7402  
Norris Police Department .....865-494-0880  
Oak Ridge Police Department .....865-425-3510  
District Attorney General .....865-457-5640  
Children's Center of the Cumberlandds .....877-746-0041

**Bedford County**

Sheriff's Department .....931-684-3232  
Shelbyville Police Department .....931-684-5811  
Wartrace Police Department .....931-389-6144  
District Attorney General .....931-685-2191  
Child Advocacy Center of the 17th Judicial District .....931-438-3233

**Benton County**

Sheriff's Department .....731-584-4632  
Benton Police Department .....423-338-5733  
Big Sandy Police Department.....731-593-3213  
Camden Police Department .....731-584-4622  
District Attorney General .....731-986-5031  
Carroll County Child Advocacy Center .....731-986-5920

**Bledsoe County**

Sheriff's Department .....423-447-2197  
Pikeville Police Department .....423-447-2919  
District Attorney General .....423-775-4468

**Blount County**

Sheriff's Department .....865-273-5003  
Alcoa Police Department .....865-981-4111  
Maryville Police Department .....865-981-1370  
Rockford Police Department.....865-970-9665  
Townsend Police Department .....865-448-6875  
District Attorney General .....865-981-2373

**Blount County, Cont'd.**

Blount County Children's Advocacy Center.....865-981-2000

**Bradley County**

Sheriff's Department .....423-476-0668  
Charleston Police Department .....423-476-0492  
Cleveland Police Department .....423-559-3328  
District Attorney General .....423-744-2830  
10th Judicial District Children's Advocacy Center.....423-744-0599

**Campbell County**

Sheriff's Department .....423-562-7446  
Caryville Police Department.....423-562-9478  
Jacksboro Police Department .....423-562-9312  
Jellico Police Department .....423-784-6123  
LaFollette Police Department .....423-562-8331  
Lake City Police Department .....865-426-7402  
District Attorney General .....423-562-4991  
District Drug Task Force.....888-566-5840  
Children's Center of the Cumberlands .....423-562-4190

**Cannon County**

Sheriff's Department .....615-563-4322  
Woodbury Police Department.....615-563-5949  
District Attorney General .....615-898-8008

**Carroll County**

Sheriff's Department .....731-986-8947  
Bruceton Police Department .....731-586-7311  
Clarksburg Police Department .....731-986-5547  
Hollow Rock Police Department .....731-586-7775  
Huntingdon Police Department.....731-986-5310  
McKenzie Police Department .....731-352-2264  
Trezevant Police Department .....731-669-4831  
District Attorney General .....731-986-5031  
Carroll County Child Advocacy Center .....731-986-5920

**Carter County**

Sheriff's Department .....423-542-1845  
Elizabethton Police Department .....423-542-4141  
Johnson City Police Department.....423-434-6159  
Watauga Police Department .....423-928-2631  
District Attorney General .....423-753-5020  
Children's Advocacy Center 1st Judicial District .....423-926-6528

**Marion County, Cont'd.**

Kimball Police Department.....423-837-7554  
Monteagle Police Department.....931-924-2077  
New Hope Police Department .....423-837-8666  
Powells Crossroads Police Department .....423-658-6582  
South Pittsburgh Police Department .....423-837-6115  
Whitwell Police Department.....423-658-5151  
District Attorney General .....423-775-4468

**Marshall County**

Sheriff's Department .....931-359-6122  
Chapel Hill Police Department .....931-364-4136  
Cornersville Police Department .....931-293-4482  
Lewisburg Police Department.....931-359-4044  
Petersburg Police Department.....931-659-9826  
District Attorney General .....931-685-2191  
Child Advocacy Center of the 17th Judicial District .....931-438-3233

**Maury County**

Sheriff's Department .....931-388-5151  
Columbia Police Department .....931-380-2710  
Mount Pleasant Police Department.....931-379-3201  
Spring Hill Police Department .....931-486-2252  
District Attorney General .....931-762-7777  
Kid's Place, A Child Advocacy Center .....931-766-2213

**McMinn County**

Sheriff's Department .....423-745-5622  
Athens Police Department .....423-744-2729  
Calhoun Police Department .....423-336-2348  
Englewood Police Department .....423-887-7224  
Etowah Police Department .....423-263-5851  
Niota Police Department.....423-568-2834  
District Attorney General .....423-744-2830  
10th Judicial Dist. Children's Advocacy Center .....423-744-0599

**McNairy County**

Sheriff's Department .....731-645-1004  
Adamsville Police Department .....731-632-1401  
Bethel Springs Police Department .....731-934-7266  
Selmer Police Department .....731-645-7907  
District Attorney General .....731-465-7351  
McNairy County Child Advocacy Center.....731-646-3627

**Lawrence County**

Sheriff's Department .....931-762-3626  
Ethridge Police Department .....931-829-2150  
Lawrenceburg Police Department.....931-762-2276  
Loretto Police Department .....931-853-6797  
St. Joseph Police Department .....931-845-4141  
District Attorney General .....931-762-7777  
Kid's Place, A Child Advocacy Center .....931-766-2213

**Lewis County**

Sheriff's Department .....931-796-5096  
Hohenwald Police Department .....931-796-2231  
District Attorney General .....931-796-3450  
Williamson County Child Advocacy Center.....615-794-7771

**Lincoln County**

Sheriff's Department .....931-433-9821  
Fayetteville Police Department.....931-438-7771  
District Attorney General .....931-685-2191  
Child Advocacy Center of the 17th Judicial District .....931-438-3233

**Loudon County**

Sheriff's Department .....865-986-1770  
Lenoir City Police Department .....865-986-2005  
Loudon Police Department .....865-408-0408  
District Attorney General .....865-376-2145  
Child Advocacy Center of the 9th Judicial District .....865-986-1505

**Macon County**

Sheriff's Department .....615-666-3325  
Lafayette Police Department.....615-666-4725  
Red Boiling Springs Police Department .....615-699-2011  
District Attorney General .....615-374-2604  
Macon County Child Advocacy Center under development—call  
The Tennessee Chapter of Child Advocacy Centers for more info.

**Madison County**

Sheriff's Department .....731-423-6000  
Jackson Police Department .....731-425-8400  
District Attorney General .....731-423-5800  
Madison County Child Advocacy Center .....731-422-6464

**Marion County**

Sheriff's Department .....423-942-2525  
Jasper Police Department .....423-942-3805

**Cheatham County**

Sheriff's Department .....615-792-4341  
Ashland City Police Department .....615-792-5618  
Kingston Springs Police Department .....615-952-9965  
Pleasant View Police Department .....615-746-0600  
District Attorney General .....615-792-7500

**Chester County**

Sheriff's Department .....731-989-2787  
Henderson Police Department .....731-989-5404  
District Attorney General .....731-423-5800  
Chester County Child Advocacy Center .....731-989-7222

**Claiborne County**

Sheriff's Department .....423-626-3385  
Cumberland Gap Police Department .....423-869-4019  
New Tazewell Police Department.....423-626-5242  
Tazewell Police Department .....423-626-5104  
District Attorney General .....423-626-8002  
District Drug Task Force.....888-566-5840  
Children's Center of the Cumberlands .....423-562-4190

**Clay County**

Sheriff's Department .....931-243-3266  
Celina Police Department .....931-243-2115  
District Attorney General .....931-823-1224  
Upper Cumberland Child Advocacy Center .....931-525-1080

**Cocke County**

Sheriff's Department .....423-623-6004  
Newport Police Department .....423-623-5556  
District Attorney General .....865-429-7021  
Safe Harbor Children's Advocacy Center .....865-453-2638

**Coffee County**

Sheriff's Department .....931-728-3591  
Manchester Police Department .....931-728-2099  
Tulahoma Police Department .....931-455-0530  
District Attorney General .....931-723-5055  
Coffee County Children's Advocacy Center .....931-454-9397

**Crockett County**

Sheriff's Department .....731-696-2104  
Alamo Police Department.....731-696-4483  
Bells Police Department .....731-663-3131

**Crockett County, Cont'd.**

Friendship Police Department.....731-677-2396  
Gadsden Police Department .....731-696-2104  
Maury City Police Department .....731-656-2119  
District Attorney General .....731-885-7813  
Crockett County Child Advocacy Center .....731-696-2452

**Cumberland County**

Sheriff's Department .....931-484-6176  
Crossville Police Department .....931-484-7231  
District Attorney General .....931-484-8732  
Upper Cumberland Child Advocacy Center .....931-525-1080

**Davidson County**

Sheriff's Department .....615-862-8170  
Belle Meade Police Department .....615-297-0241  
Berry Hill Police Department .....615-297-4701  
Goodlettsville Police Department .....615-859-3405  
Lakewood Police Department .....615-847-3711  
Metro Nashville Police Department .....615-862-7440  
Nashville Child Advocacy Center.....615-327-9958

**Decatur County**

Sheriff's Department .....731-852-3703  
Decaturville Police Department .....731-852-2034  
Parsons Police Department .....731-847-9999  
District Attorney General .....731-986-5031  
Henderson County Child Advocacy Center .....731-967-0727

**Dekalb County**

Sheriff's Department .....615-597-4935  
Alexandria Police Department .....615-529-2700  
Smithville Police Department .....615-597-8210  
District Attorney General .....931-528-5015  
Upper Cumberland Child Advocacy Center .....931-525-1080

**Dickson County**

Sheriff's Department .....615-789-4130  
Burns Police Department .....615-446-2851  
Dickson Police Department .....615-446-8041  
White Bluff Police Department .....615-797-3131  
District Attorney General .....615-789-5021  
Child Advocacy Center .....615-446-8488

**Jackson County**

Sheriff's Department .....931-268-0180  
Gainesboro Police Department .....931-268-0416  
District Attorney General .....615-374-2604  
Jackson County Child Advocacy Center under development—call  
The Tennessee Chapter of Child Advocacy Centers for more info.

**Jefferson County**

Sheriff's Department .....865-397-9411  
Dandridge Police Department.....865-397-8862  
Jefferson City Police Department .....865-475-2002  
New Market Police Department .....865-475-7997  
White Pine Police Department .....865-674-7771  
District Attorney General .....865-429-7021  
Safe Harbor Children's Advocacy Center .....865-453-2638

**Johnson County**

Sheriff's Department .....423-727-7761  
Mountain City Police Department .....423-727-8181  
District Attorney General .....423-753-5020  
Children's Advocacy Center of the 1st Judicial Dist .....423-926-6528

**Knox County**

Sheriff's Department .....865-215-2243  
Knoxville Police Department .....865-215-7256  
District Attorney General .....865-215-2515  
Children's Center of East Tennessee .....865-637-1753

**Lake County**

Sheriff's Department .....731-253-7791  
Ridgely Police Department .....731-264-5811  
Tiptonville Police Department .....731-253-9922  
District Attorney General .....731-286-8329

**Lauderdale County**

Sheriff's Department .....731-635-1311  
Gates Police Department.....731-836-9823  
Halls Police Department .....731-836-1016  
Henning Police Department .....731-738-5103  
Ripley Police Department .....731-635-1515  
District Attorney General .....731-465-7351  
Tipton County Child Advocacy Center .....901-476-1515

**Hawkins County, Cont'd.**

District Attorney General .....423-787-1450  
Child Advocacy Center of the 3rd Judicial District .....423-422-4446

**Haywood County**

Sheriff's Department .....731-772-6158  
Brownsville Police Department .....731-772-1215  
District Attorney General .....731-885-7813  
Crockett County Child Advocacy Center .....731-696-2452

**Henderson County**

Sheriff's Department .....731-968-7777  
Lexington Police Department .....731-968-6666  
Scotts Hill Police Department.....731-549-3175  
District Attorney General .....731-423-5800  
Henderson County Child Advocacy Center .....731-967-0727

**Henry County**

Sheriff's Department .....731-642-1672  
Henty Police Department .....731-243-4091  
Paris Police Department .....731-642-2424  
Puryear Police Department .....731-247-5362  
District Attorney General .....731-986-5031  
Carroll County Child Advocacy Center .....731-986-5920

**Hickman County**

Sheriff's Department .....931-729-6143  
Centerville Police Department .....931-729-5588  
District Attorney General .....931-729-6980  
Williamson County Child Advocacy Center.....615-778-0757

**Houston County**

Sheriff's Department .....931-289-4613  
Erin Police Department.....931-289-2727  
District Attorney General .....931-296-9159  
Child Advocacy Center .....615-446-8488

**Humphreys County**

Sheriff's Department .....931-296-2301  
McEwen Police Department .....931-582-6211  
New Johnsonville Police Department.....931-535-2700  
Waverly Police Department .....931-296-4300  
District Attorney General .....931-296-9159  
Child Advocacy Center .....615-446-8488

**Dyer County**

Sheriff's Department .....731-285-2802  
Dyersburg Police Department.....731-285-1212  
Newbern Police Department .....731-627-2571  
Trimble Police Department .....731-297-3177  
District Attorney General .....731-286-8329

**Fayette County**

Sheriff's Department .....901-465-3456  
Galloway Police Department .....901-867-3333  
La Grange Police Department.....901-878-1246  
Moscow Police Department .....901-877-3585  
Oakland Police Department .....901-465-0070  
Rossville Police Department.....901-853-4681  
Somerville Police Department .....901-465-3205  
District Attorney General .....901-465-7351  
Tipton County Child Advocacy Center .....901-476-1515

**Fentress County**

Sheriff's Department .....931-863-5641  
Jamestown Police Department .....931-879-8815  
District Attorney General .....423-663-2544  
District Drug Task Force.....888-566-5840  
Children's Center of the Cumberlandlands .....423-569-8900

**Franklin County**

Sheriff's Department .....931-962-0123  
Cowan Police Department .....931-967-7318  
Dechard Police Department .....931-962-1675  
Estill Springs Police Department .....931-649-2233  
Huntland Police Department.....931-469-7702  
Sewanee Police Department .....931-598-1111  
Winchester Police Department .....931-967-3849  
District Attorney General .....423-775-4468

**Gibson County**

Sheriff's Department .....731-855-1121  
Bradford Police Department .....731-742-3570  
Dyer Police Department .....731-692-3714  
Gibson Police Department .....731-787-6501  
Humboldt Police Department .....731-784-1322  
Medina Police Department .....731-783-1437  
Milan Police Department .....731-686-3309  
Rutherford Police Department .....731-665-7300  
Trenton Police Department .....731-855-1413

**Gibson County, Cont'd.**

Yorkville Police Department .....731-643-6110  
District Attorney General .....731-885-7813  
Crockett County Child Advocacy Center .....731-696-2452

**Giles County**

Sheriff's Department .....931-363-3505  
Ardmore Police Department .....931-423-2146  
Elkton Police Department .....931-468-2506  
Lynnville Police Department .....931-527-0070  
Pulaski Police Department .....931-424-4404  
District Attorney General .....931-762-7777  
Kid's Place, A Child Advocacy Center .....931-766-2213

**Grainger County**

Sheriff's Department .....865-828-3613  
Bean Station Police Department .....865-993-3177  
Blaine Police Department .....865-933-1240  
Rutledge Police Department .....865-828-3660  
District Attorney General .....865-429-7021  
Children's Center of East Tennessee .....865-637-1753

**Greene County**

Sheriff's Department .....423-798-1800  
Baileyton Police Department .....423-234-6911  
Greenville Police Department .....423-639-7111  
Tusculum Police Department .....423-638-6211  
District Attorney General .....423-787-1450  
Child Advocacy Center of the 3rd Judicial District .....423-422-4446

**Grundy County**

Sheriff's Department .....931-692-3466  
Gruetli-Laager Police Department .....931-779-5148  
Monteagle Police Department.....931-924-2077  
Palmer Police Department .....931-779-3249  
Tracy City Police Department.....931-592-9711  
District Attorney General .....423-775-4468

**Hamblen County**

Sheriff's Department .....423-586-3781  
Morristown Police Department.....423-585-4643  
District Attorney General .....423-787-1450  
Child Advocacy Center of the 3rd Judicial District .....423-422-4446

**Hamilton County**

Sheriff's Department .....423-209-7000  
Chattanooga Police Department .....423-698-9500  
Collegedale Police Department.....423-396-3135  
East Ridge Police Department .....423-867-3718  
Lookout Mountain Police Department .....423-821-3151  
Red Bank Police Department .....423-874-0088  
Signal Mountain Police Department.....423-886-2123  
Soddy Daisy Police Department.....423-332-3577  
District Attorney General .....423-209-7400  
Children's Advocacy Center of Hamilton County .....423-266-6918

**Hancock County**

Sheriff's Department .....423-733-2250  
Sneedville Police Department.....423-733-2249  
District Attorney General .....423-787-1450  
Child Advocacy Center of the 3rd Judicial District .....423-422-4446

**Hardeman County**

Sheriff's Department .....731-658-3971  
Bolivar Police Department .....731-658-5101  
Grand Junction Police Department .....731-764-2871  
Hornsby Police Department .....731-658-6188  
Middleton Police Department .....731-376-8409  
Toone Police Department .....731-658-3971  
Whiteville Police Department.....731-254-9450  
District Attorney General .....731-465-7351  
Hardeman County Child Advocacy Center .....731-659-2373

**Hardin County**

Sheriff's Department .....731-925-3081  
Crump Police Department.....731-632-0707  
Saltillo Police Department .....731-925-4989  
Savannah Police Department .....731-925-4989  
District Attorney General .....731-986-5031  
McNairy County Child Advocacy Center.....731-646-3627

**Hawkins County**

Sheriff's Department .....423-272-4848  
Bulls Gap Police Department .....423-235-5216  
Church Hill Police Department.....423-357-3487  
Kingsport Police Department .....423-246-9111  
Mount Carmel Police Department .....423-357-9019  
Rogersville Police Department .....423-272-7555  
Surgoinville Police Department .....423-345-2316