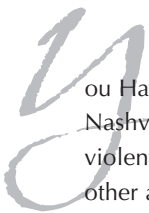


# WHEN VIOLENCE HITS HOME



You Have the Power . . . Know How to Use It, Inc., was founded in Nashville, Tennessee, in 1993 with a mission to raise awareness about violent crime through community involvement and collaboration with other agencies. To achieve our objective of reducing violent crime and preventing further victimization we present public forums, create video documentaries, and offer resource books to government and community agencies, as well as the general public. If you would like additional information on You Have the Power, you may contact us by phone at (615) 292-7027 or e-mail [yhpt@bellsouth.net](mailto:yhpt@bellsouth.net).

This resource book was developed by You Have the Power’s Steering Committee, a volunteer group of concerned citizens, crime survivors, counselors, law enforcement professionals, and representatives of community agencies. The purpose of the book is to provide information and resources for battered women, formerly battered women, their friends, and the community. It is the belief of our committee that everyone must be involved and that everyone can help stop domestic violence.

To stop the violence we must

- **Know the facts**
- **Know the resources**
- **Take action**

Individually and together we can make a difference in the lives of hundreds of thousands of women and children. Reading this resource guide and sharing it with others is the first step.

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# CONTENTS

**“Domestic violence is not the nuisance crime it’s sometimes taken to be. It is directly responsible for a great deal of the violent crime against women and children in our city. *When Violence Hits Home* is a good way of focusing on the problem, of letting victims know that something can be done.”**

—*Philip Bredesen*  
Mayor of Nashville  
1991-1999

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# DEFINITION



Have you or has someone you know ever experienced the following by a boyfriend, husband, or intimate partner?

- Name-calling or put-downs
- Isolation from family or friends
- Withholding of money
- Actual or threatened physical harm
- Sexual assault

These are examples of domestic violence, which includes partner violence, family violence, spouse abuse, child abuse, battering, and wife beating.

This violence takes many forms, and can happen once in a while or all the time. Although each situation is different, there are common warning signs—or “red flag” behaviors—to look out for, including those behaviors listed above (see the Warning List on pages 8–9). Knowing these signs is an important step in preventing and stopping violence.

In this booklet, we will focus on domestic violence as partner violence, defined as violent or controlling behavior by a person toward a partner, usually a wife, girlfriend, or lover. Although the partner is the primary target, violence is often directed toward children as well, and sometimes toward family members, friends, and even bystanders in attempts to control their partner.

Approximately 95 percent of the victims of domestic violence are women.<sup>1</sup> However, violence also happens in both gay and lesbian relationships. And, in a small number of cases, by women against men.

# HUMAN RIGHTS FOR ALL

Domestic violence is not only the number one public health issue facing women and children in the United States today, but also is an important human rights issue.

Today, in our own communities, hundreds of thousands of women and children, as victims of violence, are experiencing violations of their basic human rights, including the right to live with respect and dignity—free from fear. **No one at home or abroad deserves to be hit, beaten, threatened, humiliated, or otherwise subjected to physical or emotional harm.**

The following articles from the Universal Declaration of Human Rights, adopted by the United Nations in 1948, describe some of the rights to which we are all entitled, rights which are often denied in a battering relationship.

## From the Articles

ARTICLE 1: All human beings are born free and equal in dignity and rights.

ARTICLE 3: Everyone has a right to life, liberty, and security of person.

ARTICLE 5: No one shall be subjected to torture, inhuman or degrading treatment, or punishment.

ARTICLE 12: No one shall be subjected to arbitrary interference with (her) privacy, family, home, or correspondence, nor to attacks upon (her) honor and reputation. Everyone has the right to the protection of the law against such interference or attacks.

ARTICLE 28: Everyone is entitled to a social and international order in which the rights and freedoms set forth in this Declaration can be fully realized.

From *Domestic Violence: The Facts*, Battered Women Fighting Back!, Inc., Boston, MA.

# MYTHS, FACTS, AND STATS

## **Myth 1:**

Domestic violence does not affect many people.

### **Facts:**

- A woman is beaten every 15 seconds.<sup>2</sup>
- Domestic violence is the leading cause of injury to women between the ages of 15 and 44 in the United States—more than car accidents, muggings, and rapes combined.<sup>3</sup>
- Battered women are more likely to suffer miscarriages and to give birth to babies with low birth weights.<sup>4</sup>
- Sixty-three percent of the young men between the ages of 11 and 20 who are serving time for homicide have killed their mother's abuser.<sup>5</sup>

## **Myth 2:**

Battering is only a momentary loss of temper.

### **Facts:**

- Battering is the establishment of control and fear in a relationship through violence and other forms of abuse. The batterer uses acts of violence and a series of behaviors, including intimidation, threats, psychological abuse, isolation, etc., to coerce and to control the other person. The violence may not happen often, but it remains as a hidden (and constant) terrorizing factor.<sup>6</sup>
- “One in five women victimized by their spouses or ex-spouses reports she had been victimized over and over again by the same person.”<sup>7</sup>

6

Myth

From *Domestic Violence: The Facts*, Battered Women Fighting Back!, Inc., Boston, MA.

YOU HAVE THE POWER

**Myth 3:**

Domestic violence occurs only in poor, urban areas.

**Facts:**

- Women of all cultures, races, occupations, income levels, and ages are battered—by husbands, boyfriends, lovers, and partners.<sup>8</sup>
- “Approximately one-third of the men counseled [for battering] at Emerge are professional men who are well respected in their jobs and their communities. These have included doctors, psychologists, lawyers, ministers, and business executives.”<sup>9</sup>

**Myth 4:**

Domestic violence is just a push, slap, or punch—it does not produce serious injuries.

**Facts:**

- Battered women are often severely injured—22 to 35 percent of women who visit medical emergency rooms are there for injuries related to ongoing partner abuse.<sup>10</sup>
- One in four pregnant women has a history of partner violence.<sup>11</sup>

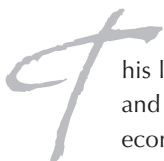
**Myth 5:**

It is easy for battered women to leave their abusers.

**Facts:**

- Women who leave their batterers are at a 75 percent greater risk of being killed by the batterer than those who stay.<sup>12</sup>
- Nationally, 50 percent of all homeless women and children are on the streets because of violence in the home.<sup>13</sup>
- There are nearly three times as many animal shelters in the United States as there are shelters for battered women and their children.<sup>14</sup>

# WARNING LIST



This list identifies a series of behaviors typically demonstrated by batterers and abusive people. All of these forms of abuse—psychological, economic, and physical—come from the batterer’s desire for power and control. The list can help you recognize if you or someone you know is in a violent relationship. Check off those behaviors that apply to the relationship. The more checks on the page, the more dangerous the situation may be.

## EMOTIONAL AND ECONOMIC ATTACKS

- Destructive Criticism/Verbal Abuse:** Name-calling; mocking; accusing; blaming; yelling; swearing; making humiliating remarks or gestures.
- Pressure Tactics:** Rushing you to make decisions through “guilt tripping” and other forms of intimidation; sulking; threatening to withhold money; manipulating the children; telling you what to do.
- Abusing Authority:** Always claiming to be right (insisting statements are “the truth”); telling you what to do; making big decisions; using “logic.”
- Disrespect:** Interrupting; changing topics; not listening or responding; twisting your words; putting you down in front of other people; saying bad things about your friends and family.
- Abusing Trust:** Lying; withholding information; cheating on you; being overly jealous.
- Breaking Promises:** Not following through on agreements; not taking a fair share of responsibility; refusing to help with child care or housework.
- Emotional Withholding:** Not expressing feelings; not giving support, attention, or compliments; not respecting feelings, rights, or opinions.
- Minimizing, Denying, and Blaming:** Making light of behavior and not taking your concerns about it seriously; saying the abuse didn’t happen; shifting responsibility for abusive behavior; saying you caused it.

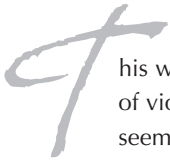


- ❑ **Economic Control:** Interfering with your work or not letting you work; refusing to give you money or taking your money; taking your car keys or otherwise preventing you from using the car; threatening to report you to welfare or other social service agencies.
- ❑ **Self-destructive Behavior:** Abusing drugs or alcohol; threatening suicide or other forms of self-harm; deliberately saying or doing things that will have negative consequences (e.g., telling off the boss).
- ❑ **Isolation:** Preventing you from seeing or making it difficult for you to see friends or relatives; monitoring phone calls; telling you where you can and cannot go.
- ❑ **Harassment:** Making uninvited visits or calls; following you; checking up on you; embarrassing you in public; refusing to leave when asked.

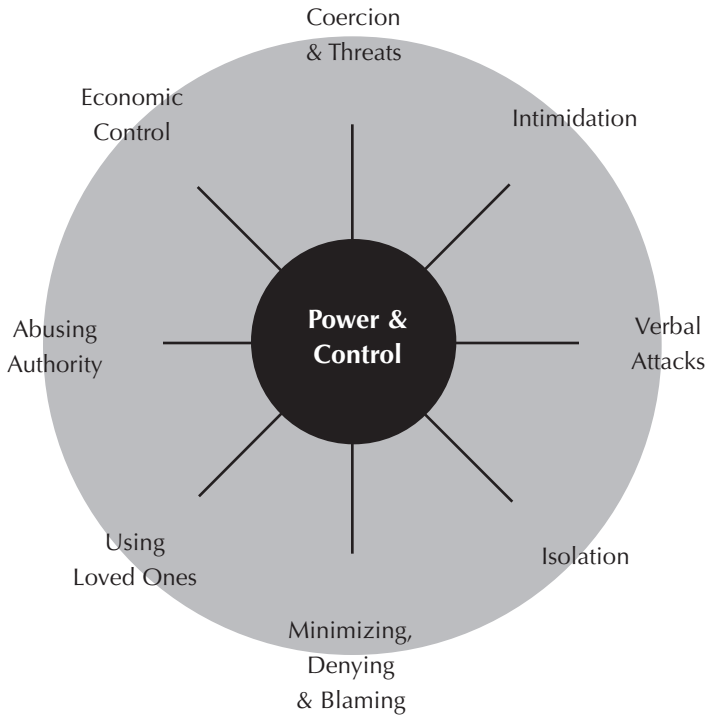
## ACTS OF VIOLENCE

- ❑ **Intimidation:** Making angry or threatening gestures; use of physical size to intimidate; standing in doorway during arguments; out-shouting you; driving recklessly.
- ❑ **Destruction:** Destroying your possessions (e.g., furniture); punching walls; throwing and/or breaking things.
- ❑ **Threats:** Making and/or carrying out threats to hurt you or others.
- ❑ **Sexual Violence:** Degrading treatment based on your sex or sexual orientation; using force, threats, or coercion to obtain sex or perform sexual acts.
- ❑ **Physical Violence:** Being violent to you, your children, household pets or others by slapping, punching, grabbing, kicking, choking, punching, biting, burning, stabbing, shooting, etc.
- ❑ **Weapons:** Use of weapons; keeping weapons around which frighten you; threatening or attempting to kill you or those you love.

# VIOLENCE WHEEL



This wheel helps link the different behaviors that together form a pattern of violence. It shows the relationship as a whole—and how each seemingly unrelated behavior is an important part in an overall effort to control someone.



# CYCLE OF DOMESTIC VIOLENCE



The Cycle of Domestic Violence shows how domestic violence often becomes a pattern made up of three stages.

## **Tension-Building**

(criticism, yelling, swearing, using angry gestures, coercion, threats)

## **Violence**

(physical and sexual attacks and threats)

## **Seduction**

(apologies, blaming, promises to change, gifts)

It also explains how three dynamics, love, hope, and fear, keep the cycle in motion and make it hard to end a violent relationship.

## **Love/Hope/Fear**

keep the cycle in motion.

**Love** for your partner (the relationship has its good points, it's not all bad)

**Hope** that it will change (the relationship didn't begin like this)

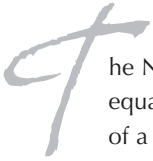
**Fear** that the threats to kill you or your family will become a reality



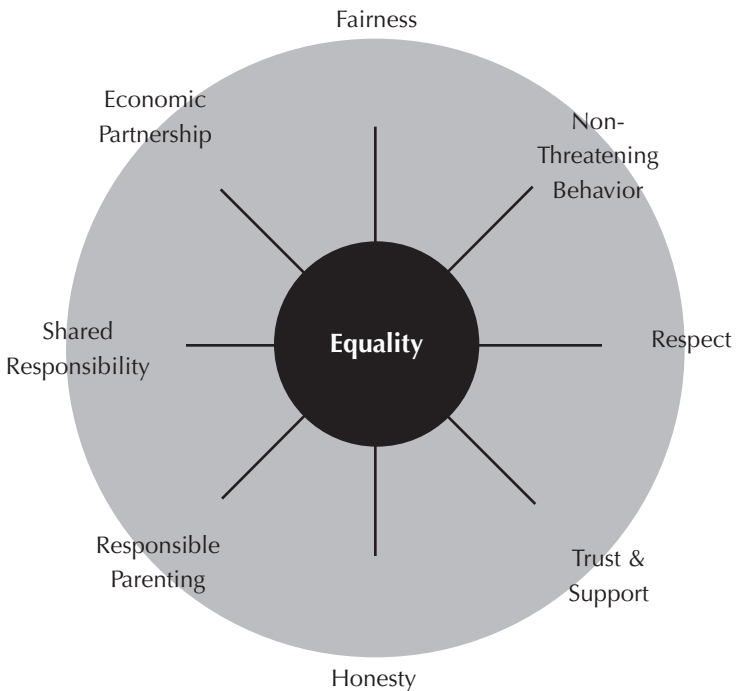
Adapted from Dr. Lenore Walker's "Cycle of Violence," Denver, CO.

From *Domestic Violence: The Facts*, Battered Women Fighting Back!, Inc., Boston, MA.

# NON-VIOLENCE WHEEL



The Non-Violence Wheel offers a view of a relationship that is based on equality and non-violence. Use this chart to compare the characteristics of a non-violent relationship to those of an abusive relationship (see also Violence Wheel). The Non-Violence Wheel is also helpful in setting goals and boundaries in personal relationships.



12

Adapted from the Domestic Abuse Intervention Project, Duluth, MN.  
From *Domestic Violence: The Facts*, Battered Women Fighting Back!, Inc., Boston, MA.

# SUGGESTIONS FOR HELPING

Do you know someone in a battering relationship? Do you suspect that a friend, a relative, or someone you know is being abused? If so, don't be afraid to offer help—you just might save someone's life. Here are some basic steps you can take to assist someone who may be a target of domestic violence.

**Approach** her in an understanding, non-blaming way. Tell her that she is not alone, that there are many women like her in the same kind of situation, and that it takes strength to survive and trust someone enough to talk about battering.

**Acknowledge** that it is scary and difficult to talk about domestic violence. Tell her she doesn't deserve to be threatened, hit, or beaten. Nothing she can do or say makes the abuser's violence okay.

**Share** information. Show her the Warning List, and the Violence and Non-Violence Wheels. Discuss the dynamics of violence and how abuse is based on power and control.

**Support** her as a friend. Be a good listener. Encourage her to express her hurt and anger. Allow her to make her own decisions, even if it means she isn't ready to leave the abusive relationship.

**Ask** if she has suffered physical harm. Go with her to the hospital to check for injuries. Help her report the assault to the police, if she chooses to do so.

**Provide** information on help available to battered women and their children, including social services, emergency shelter, counseling services, and legal advice. To find this information, see pages 19–21.

**Inform** her about legal protection that is available in most states under abuse prevention laws. Go with her to district, probate, or superior court to get a protective order to prevent further harassment by the abuser. If you can't go, find someone who can.

**Plan** safe strategies for leaving an abusive relationship. These are often called "safety plans." Never encourage someone to follow a safety plan that she believes will put her at further risk. And remember that she may not feel comfortable taking these materials with her.

This page is geared toward women because most domestic violence is perpetrated against women. It is important to emphasize, however, that violence occurs to others as well, and is equally unacceptable.  
From *Domestic Violence: The Facts*, Battered Women Fighting Back!, Inc., Boston, MA.

# PERSONALIZED SAFETY PLAN

## Suggestions for increasing safety in the relationship

I will have important phone numbers available to my children and myself (see on next page).

- I can tell \_\_\_\_\_ and \_\_\_\_\_ about the violence and ask them to call the police if they hear suspicious noises coming from my home.

- If I leave my home, I can go (list four places): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- I can leave extra money, car keys, clothes, and copies of documents with \_\_\_\_\_

- If I leave, I will take \_\_\_\_\_  
\_\_\_\_\_  
(see checklist on next page).

- To ensure safety and independence, I can: keep change for phone calls with me at all times; open my own savings account; rehearse my escape route with a support person; and review safety plan on \_\_\_\_\_ (date).

- I will teach my children how and when to call 911 and the Fire Department.

- I will use my judgment and intuition. If the situation is very serious, I will give my partner what he needs to calm him down. I will protect myself and my children until we are out of danger.

## Suggestions for increasing safety when the relationship is over

- I can: change the locks; install steel/metal doors, a security system, smoke detectors, and an outside lighting system.

- I will consider carefully which people I invite to help secure my safety.

- I will inform \_\_\_\_\_ and \_\_\_\_\_ that my partner no longer lives with me and ask them to call the police if my partner is observed near my home or my children.

- I will tell people who take care of my children the names of those who have permission to pick them up. The people who have permission are:  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_

- I can tell \_\_\_\_\_  
at work about my situation and ask  
\_\_\_\_\_

to screen my calls.

- I can avoid stores, banks, and  
\_\_\_\_\_

that I used when living with my  
battering partner.

- I can obtain a protective order from  
\_\_\_\_\_

I can keep it on or near me at all times  
as well as leave a copy with  
\_\_\_\_\_

- If I feel down and ready to return to a  
potentially abusive situation, I can call  
\_\_\_\_\_

for support or attend workshops and  
support groups to gain support and  
strengthen my relationships with other  
people.

### Important Phone Numbers

Police \_\_\_\_\_  
Hotline \_\_\_\_\_  
Friends \_\_\_\_\_  
Shelter \_\_\_\_\_

### Checklist of Items to Take

- Identification
- Birth certificates for me and my children
- Social Security cards
- School and medical records
- Money, bankbooks, credit cards
- Keys—house/car/office
- Driver's license and registration
- Medications
- Change of clothes
- Welfare identification
- Passport(s), Green Card(s), work permit
- Divorce papers
- Lease/rental agreement, house deed
- Mortgage payment book, current unpaid bills
- Insurance papers
- Address book
- Pictures, jewelry, items of sentimental value
- Children's favorite toys and/or blankets

Adapted from *Domestic Violence: The Facts*, Battered Women Fighting Back!, Inc., Boston, MA.

# THE CHILDREN



More than three million children witness acts of domestic violence every year.<sup>15</sup> In homes where domestic violence occurs between adults, children are abused at a rate 1500 percent higher than the national average.<sup>16</sup> The violence may be kept from friends, relatives, teachers, and others, but the children of violent partners know what is happening. Whether the children observe the violence, hear it, learn about the violent incident after it has occurred, or are physically hurt themselves, the effects are always serious.

A home in which physical, sexual, emotional, or property abuse occurs is frightening and unhealthy, and can be devastating to a child. Children in these homes cannot truly be children. These children try to protect their parents or younger siblings. They worry about being an additional problem or burden to their family and fear for their own safety and security. They have the additional burden of carrying around the *family secret*.

## EFFECTS OF DOMESTIC VIOLENCE ON CHILDREN

### Physical Abuse

Any injury a victimized parent suffers may also be suffered by the child as well. These include: bruises, scars, broken bones, lacerations, abrasions, broken bones, loss of use of parts of the body, brain damage, or death.

### Physical Neglect

Oftentimes the victimized parent will be abused economically and emotionally. The children may be affected by lack of resources intentionally withheld, and resulting in: lack of food or proper shelter, clothing, or other basic needs; limited or no medical attention; poor supervision and, possibly, abandonment.



## Sexual Abuse

All batterers do not sexually abuse children, but many do. If your partner is the child's parent, the sexual abuse is called incest. Some adults shift the blame to the child. Adults are always responsible for the abuse. Adults have the power over children not the other way around. The physical results of sexual abuse can include: injury to the genital area or other body parts, venereal disease, or pregnancy.

## HOW CHILDREN REACT

Whether the child is a direct target of emotional abuse (e.g., yelling, name-calling), physical abuse, or witnesses domestic violence between family members, the effects are long-lasting. Violence in the home does affect children, and a child's early life experiences are related to his or her ultimate physical, emotional, and mental health. Children can develop physical signs and symptoms (e.g., altered cardiovascular function; attention, sleep and mood problems) which make their lives difficult. Furthermore, developmental neglect and traumatic stress during childhood can cause brain changes and violent, remorseless children. *It is important to intervene early with positive and therapeutic experiences for the acutely traumatized child - experiences that restore a sense of safety and control.*

Traumatized children may show the following behaviors:

- Intense sadness, anger, fear, confusion, self-blame, insecurity
- Becoming isolated, withdrawn
- Aggressive defiance or passive compliance
- Low self-esteem, poor social/problem-solving skills, easily frustrated
- Taking on parental roles
- Violent behavior toward other children, pets, toys
- Substance abuse, sexual acting out, delinquent behavior, running away

## THE CHILDREN Continued

Pages 16 and 17 adapted from *A Resource Handbook for Victims of Family Violence*, Victim Assistance Unit, Denver Police Department, Denver, CO, and *A Child's Image of Domestic Violence*. Portions of page 17 derived from recent research on aggression and violence, abuse and neglect, [www.childtrauma.org](http://www.childtrauma.org) and [http://teacher.scholastic.com/professional/bruceperry/abuse\\_neglect.htm](http://teacher.scholastic.com/professional/bruceperry/abuse_neglect.htm)

### LEARNING VIOLENCE

Children who are the direct targets of abuse or who witness abuse may grow up to be abusers.

Children who go through the emotional trauma of seeing the parents they “love” physically batter each other may grow up either to be abusers or to marry abusers.

The type of family relationships observed in childhood can become accepted as “normal.” The child accepts, as a way of life, that parents beat each other and their children.

Teenagers may become involved in violent relationships with their peers and partners.

### RESPONSIBILITIES

In Tennessee, adults have a legal responsibility for the safety and emotional well-being of children.

Professionals and other concerned adults are required by law to report any suspected child abuse to the Department of Human Services or the local police department.

Battered parents may be unable to protect or nurture their children and should try to find someone to help them with this task.

All children who have witnessed or have been a direct target of family violence should get counseling to help them with their feelings of fear, anger, helplessness, confusion, and pain and to break the cycle of violence.

Parents, whether staying in or leaving a violent relationship, have a responsibility to get counseling for their children.

From *A Resource Handbook for Victims of Family Violence*, Victim Assistance Unit, Denver Police Department, Denver, CO.

# RESOURCES AND INFORMATION

## POLICE

Police Emergency.....911

Enter number of your local Police Dispatch \_\_\_\_\_

If you have a local Police Domestic Violence Unit, enter number here \_\_\_\_\_

## STATE OF TENNESSEE

Tennessee Domestic Violence Hotline for a safe place to stay.....1-(800) 356-6767

### Adult Protective Services

Tennessee Department of Human Services .....1-(888) 277-8366

*(Protective services for elderly or disabled adults who are at risk for abuse, neglect, or exploitation and unable to protect themselves. Receives and investigates reports of abuse, neglect, and exploitation.)*

### Tennessee Department of Children's Services 24-hour child abuse reporting hotlines:

Northeast Region Hotline (Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, & Washington Counties).....1-800-54ABUSE (1-800-542-2873)

Knox County (Knoxville).....(865) 594-6767

Hamilton County (Chattanooga) .....(423) 266-0162

Bradley and Polk Counties (Cleveland & Benton) .....(423) 478-0309

Davidson County (Nashville).....(615) 329-1911

Madison County (Jackson).....(901) 423-6499

Shelby County (Memphis) .....(901) 543-7120

*(Department of Children's Services offices are located in every county in Tennessee, but not all offices have a 24-hour hotline. Only 24-hour hotlines are listed here. During normal working hours, you may wish to contact your local office. Always call local law enforcement in emergency situations.)*

Tennessee Chapter of Children's Advocacy Centers.....(615) 320-6500

Tennessee Commission on Children & Youth .....(615) 741-2633

### Tennessee Department of Correction

Victim Notification Coordinator.....(615) 741-1000 Ext. 4009

*(Offers computer notification for registered crime victims/family members)*

Sentence information (615) 741-1000 Ext. 2040

Tennessee Board of Probation and Parole, Victim Services.....(615) 532-8116

# RESOURCES AND INFORMATION

Continued

Tennessee Task Force Against Domestic Violence .....(615) 386-9406  
National Victim Center (nationwide information/referral service for victims of  
violent crime) .....1-(800) FYI-CALL 1-(800) 394-2255

**Record other important numbers you wish to remember**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Emergency Shelter/24 hour Hotlines/Support Services**

*Due to ongoing change in domestic violence services, this list may not reflect all that is available in your community, and phone numbers very often change without notice. When in doubt, consult your local directory. Space is provided on the previous page for any additional phone numbers you may wish to record.*

**ALCOA**

**Shelters & Hotlines**

Haven House Hotline.....(865) 982-1087 (Serves Blount & Monroe Counties)  
Office .....(865) 983-6818  
.....E-mail: [ttfadv16@usit.net](mailto:ttfadv16@usit.net)

Sexual Assault Crisis Center, Knoxville .....Crisis line 1-(888) 522-5244  
(Serves Anderson, Blount, Jefferson, Hotline (865) 522-7273  
Knox, Loudon, Morgan, Roane, Sevier, Office (865) 558-9040  
Campbell Counties)

**Counseling and Treatment**

Haven House.....(865) 983-6818  
(Counseling, referrals, support groups, court advocacy)

**Legal Services and Other Information**

Blount County Sheriff's Office in Maryville, Domestic Violence Unit...(865) 273-5004  
(Referrals to shelter)  
Knoxville Legal Aid Society .....(865) 637-0484

**ATHENS**

**Shelters & Hotlines**

The H.O.P.E. Center .....Hotline (423) 745-5289  
(Serves McMinn & Meigs Counties) E-mail: [ttfadv33@usit.net](mailto:ttfadv33@usit.net)

**Counseling and Treatment**

The H.O.P.E. Center.....(423) 745-5289  
(Counseling, referrals, support groups)

**Legal Services and Other Information**

Southeast Tennessee Legal Services in Cleveland, TN .....(423) 479-8577

**BRISTOL**

**Shelters & Hotlines**

Abuse Alternatives.....Hotline 1-(800) 987-6499

**Counseling and Treatment**

Abuse Alternatives .....(423) 652-9093  
(Counseling, support groups)

**Legal Services and Other Information**

Legal Services of Upper East Tennessee, Johnson City .....(423) 928-8311

**CENTERVILLE**

**Shelters & Hotlines**

Women Are Safe, Inc.....Hotline 1-(800) 470-1117  
(Serves Dickson, Hickman, Humphries, Perry Counties) Office (931) 729-9885  
E-mail: [was@centerville.net](mailto:was@centerville.net)

**Counseling and Treatment**

Women Are Safe, Inc.....(931) 729-9885  
(Counseling, referrals, support groups)

# RESOURCES AND INFORMATION

Continued

## **Legal Services and Other Information**

Legal Aid Society of Middle Tennessee, Nashville.....(615) 244-6610

## **CHATTANOOGA**

### **Shelters & Hotlines**

Family & Children's Services of Chattanooga, Inc.....Hotline (423) 755-2700  
(Serves Bedford, Bradley, Hamilton, Marion, McMinn, Putnam,  
Rhea & Wilson Counties)

Office, Domestic Violence .....(423) 755-2840

Office, Sexual Assault.....(423) 755-2706

### **Counseling and Treatment**

Family & Children's Services of Chattanooga, Inc. ....Hotline (423) 755-2700  
(Counseling, referrals, support groups)

Office, Domestic Violence.....(423) 755-2840

Office, Sexual Assault.....(423) 755-2706

### **Legal Services and Other Information**

Chattanooga Police Department .....(423) 698-2525

Hamilton County Sheriff's Department .....(423) 209-7000

(Investigation, referrals)

Southeast Tennessee Legal Services ..... (423) 756-4013

District Attorney General's Office, Victim Witness Coordinator ....(423) 209-7400

## **CLARKSVILLE**

### **Shelters & Hotlines**

Urban Ministries Safehouse.....(931) 552-6900  
(Serves Montgomery, Cheatam, E-mail: [ttfadv36@usit.net](mailto:ttfadv36@usit.net)  
Houston & Stewart Counties)

### **Counseling & Treatment**

Harriett Cohn Center.....(931) 648-8126  
(Counseling, support groups)

Rape and Sexual Abuse Center .....Hotline 1-(800) 879-1999  
(Counseling for sexual assault) Office (931) 647-3632

Urban Ministries Safehouse.....(931) 552-6900  
(Counseling, referrals, support groups)

### **Legal Services & Other Information**

Legal Aid Society of Middle Tennessee.....(931) 552-6656 or 1-(800) 342-3317

**CLEVELAND**

**Shelters & Hotlines**

Family Resource Center/Harbor Safe House .....Hotline (423) 476-3886  
(Serves Bradley, Polk & McMinn Counties)  
Office .....(423) 479-9339

**Counseling & Treatment**

Action Counseling and Consulting .....(423) 339-2713  
(Counseling, support groups)  
Family Resource Center/Harbor Safe House.....(423) 479-9339  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

Bradley County Sheriff's Office .....(423) 476-0660  
(Assistance with orders of protection, referrals)  
Cleveland Police Department .....(423) 476-1121  
(Domestic Violence information, referrals)  
Southeast Tennessee Legal Services .....(423) 479-8577 or 1-(800) 445-3219

**CLINTON**

**Legal Services & Other Information**

District Attorney General's Office, Domestic Violence Unit .....(865) 457-2561  
(Counseling, court advocacy, referrals)  
  
Rural Legal Services of Tennessee, Oak Ridge ..(865) 483-8454 or 1-(800) 483-8457

**COLUMBIA**

**Shelters & Hotlines**

Hope House .....Hotline (931) 381-8580  
E-mail: [ttfadv21@usit.net](mailto:ttfadv21@usit.net)

**Counseling & Treatment**

Columbia Area Mental Health Center ..... (931) 490-1500  
(Counseling, referrals)  
Hope House .....(931) 381-8580  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

Legal Services of South Central Tennessee, Inc.....(931) 381-5533

**COOKEVILLE**

**Shelters & Hotlines**

Genesis House.....Hotline 1-(800) 707-5197  
(Serves Putnam, Clay, DeKalb, Office (931) 526-5197  
Jackson, Macon, Overton, Pickett, E-mail: [ttfadv14@usit.net](mailto:ttfadv14@usit.net)  
Smith & White Counties)

**Counseling & Treatment**

Genesis House ..... (931) 526-5197  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

Rural Legal Services of Tennessee.....(931) 528-7436 or 1-(800) 262-6817

# RESOURCES AND INFORMATION

Continued

## **CROSSVILLE**

### **Shelters & Hotlines**

Battered Women Inc.....Hotline 1-(800) 641-3434  
(Serves Van Buren, Rhea, Morgan,  
Fentress, Cumberland & Bledsoe  
Counties) Office (931) 456-0747  
E-mail: [tfadv03@usit.net](mailto:tfadv03@usit.net)

### **Counseling & Treatment**

Battered Women Inc. ....(931) 456-0747  
(Counseling, referrals, support groups)

### **Legal Services & Other Information**

Rural Legal Services of Tennessee 1-(800) 262-6817

## **DECATUR (SERVING MEIGS COUNTY)**

### **Legal Services & Other Information**

District Attorney General's Office, Domestic Violence Division .. (865) 376-2145 Ext. 104  
Southeast Tennessee Legal Services, Chattanooga.....(423) 479-8577

## **DRESDEN**

### **Counseling & Treatment**

Northwest Tennessee Economic Development Council  
(Referrals, support groups).....(901) 364-3228 or 1-(800) 273-0301

### **Legal Services & Other Information**

West Tennessee Legal Services, Inc., Dyersburg.....(901) 285-8181

## **DYERSBURG**

### **Shelters & Hotlines**

Northwest Safeline.....Hotline (901) 287-7233  
(Serves Crockett, Dyer, Henry, Lauderdale,  
Lake, Obion, Tipton & Weakley Counties) Office (901) 285-6470

### **Counseling & Treatment**

Northwest Safeline .....(901) 285-6470  
(Counseling, referrals, support groups)

### **Legal Services & Other Information**

West Tennessee Legal Services, Inc.....(901) 285-8181



**ERWIN**

**Shelters & Hotlines**

CHIPS Family Violence Shelter .....Hotline (423) 795-8896  
(Serves Carter, Greene & Unicoi Counties) Office (423) 743-0022  
E-mail: [ttfadv06@usit.net](mailto:ttfadv06@usit.net)

**Counseling & Treatment**

CHIPS Family Violence Shelter .....(423) 743-0022  
(Provides counseling, referrals, support groups)

**Legal Services & Other Information**

Legal Services of Upper East Tennessee, Johnson City ..... (423) 928-8311

**FAYETTEVILLE**

**Shelters & Hotlines**

Hannah's House.....Hotline 1-(888) 438-0701  
(Serves Lincoln & Marshall Counties) Office (931) 433-6604  
E-mail: [ttfadv15@vallnet.com](mailto:ttfadv15@vallnet.com)

**Counseling & Treatment**

Hannah's House.....1-(888) 438-0701  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

Legal Services of South Central Tennessee, Columbia.....(931) 381-5533

**FRANKLIN**

**Shelters & Hotlines**

Bridges..... Hotline (615) 599-5777  
(Serves Williamson & Maury Counties)  
YWCA Shelter & Domestic Violence Program (Nashville).....Hotline (615) 242-1199  
E-mail: [ttfadv42@usit.net](mailto:ttfadv42@usit.net)

**Counseling & Treatment**

Graceworks Ministries, Inc.....(615) 794-9055  
(Counseling, referrals)  
YWCA Shelter & Domestic Violence Program (Nashville).....(615) 242-1070  
(Counseling, referrals, court advocacy, support groups)

**Legal Services & Other Information**

Legal Aid Society of Middle Tennessee, Murfreesboro .....(615) 890-0905

**GALLATIN**

**Shelters & Hotlines**

HomeSafe in Sumner County..... Hotline (615) 452-4315  
Office .....(615) 452-5439  
E-mail: [ttfadv19@usit.net](mailto:ttfadv19@usit.net)

**Counseling & Treatment**

HomeSafe in Sumner County ..... (615) 452-5439  
(Counseling, referrals, support groups)  
Support Groups for Battered Women, Children in Domestic Violence (615) 451-5810  
(Counseling, referrals, support groups)

# RESOURCES AND INFORMATION

Continued

## **Legal Services & Other Information**

Gallatin Police Department.....(615) 452-1313  
(Referrals for orders of protection, shelter locations)

Legal Aid Society of Middle Tennessee.....(615) 451-1880

Sumner County Sheriff's Dept. Domestic Violence Unit.....(615) 452-2616  
(Referrals, support groups)

## **HUNTINGDON**

### **Legal Services & Other Information**

West Tennessee Legal Services, Inc.....(901) 986-8975

## **HUNTSVILLE**

### **Legal Services & Other Information**

Rural Legal Services of Tennessee, Oak Ridge ..(865) 483-8454 or 1-(800)-483-8457

## **JACKSBORO**

### **Shelters & Hotlines**

House of Hope .....Hotline 1-(888) 844-HOPE (844-4673)  
(Serves Campbell & surrounding counties) Office (865) 562-8325

REACHS Office .....(423) 562-1156  
E-mail: [houseofhope@highland.net](mailto:houseofhope@highland.net)

Sexual Assault Crisis Center, Knoxville.....Crisis line 1-(888) 522-5244  
(Serves Anderson, Blount, Jefferson, Hotline (865) 522-7273  
Knox, Loudon, Morgan, Roane, Sevier, Office (865) 558-9040  
Campbell Counties)

YWCA Victim Advocacy Program.....Office (865) 523-6126  
(Serves Knox, Union, Campbell Counties) E-mail: [ttfadv23@usit.net](mailto:ttfadv23@usit.net)

### **Counseling & Treatment**

House of Hope.....(865) 562-8325 or (423) 562-1156  
(Counseling, referrals, support groups)

### **Legal Services & Other Information**

District Attorney General's Domestic Violence Unit.....(423) 566-0199

Rural Legal Services of Tennessee, Inc.....1-(800) 483-8457

## **JACKSON**

### **Shelters & Hotlines**

Women's Resource & Rape Assistance Program (WRAP) Hotline 1-(800) 273-8712  
(Serves Benton, Carroll, Chester, Crockett, Gibson, Hardeman, Hardin,  
Haywood, Madison, McNairy, Tipton & Henderson Counties)

Office.....(901) 935-7233  
E-mail: [ttfadv38@usit.net](mailto:ttfadv38@usit.net)

**Counseling & Treatment**

Women’s Resource & Rape Assistance Program .....(901) 935-7233  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

West Tennessee Legal Services, Inc. ....(901) 423-0616

**JAMESTOWN**

**Shelters & Hotlines**

The Family Mission .....Hotline 1-(888)-880-3020

Area Hotline .....(931) 879-1660

E-mail: [ttfadv57@twlakes.net](mailto:ttfadv57@twlakes.net)

**Counseling & Treatment**

The Family Mission.....(931) 879-1660  
(Counseling, support groups)

**Legal Services & Other Information**

District Attorney General’s Domestic Violence Unit .....(423) 566-0199

Rural Legal Services of Tennessee, Inc. ....1-(800) 262-6817

**JEFFERSON CITY**

**Shelters & Hotlines**

Samaritan House.....(865) 475-5611

Sexual Assault Crisis Center, Knoxville .....Crisis line 1-(888) 522-5244

(Anderson, Blount, Jefferson, Knox, Loudon, Hotline (865) 522-7273

Morgan, Roane, Sevier, Campbell Counties) Office (865) 558-9040

**JOHNSON CITY**

**Shelters & Hotlines**

Johnson City Bureau of Police, Domestic Violence Unit(423) 975-2654 or 975-2655  
(Counseling, referrals, support groups)

Safe Passage.....Hotline (423) 926-7233

E-mail: [ttfadv27@usit.net](mailto:ttfadv27@usit.net)

Sexual Assault Response Center .....Hotline (423) 928-4710

(Serves Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi,  
Washington Counties)

**Counseling & Treatment**

Safe Passage .....(423) 926-7233  
(Counseling, referrals, support groups)

Sexual Assault Response Center .....(423) 928-4710  
(Counseling, referrals)

**Legal Services & Other Information**

Johnson City Bureau of Police, Domestic Violence Unit  
(Counseling, referrals, support groups).....(423) 975-2654 or (423) 975-2655

Legal Services of Upper East Tennessee, Inc. ....(423) 928-8311

# RESOURCES AND INFORMATION

Continued

## **KINGSPORT**

### **Shelters & Hotlines**

Central Appalachia Services, Inc.....(423) 246-1619

Safe House/Frontier Health .....Hotline (423) 246-2273  
(Sullivan, Hawkins, Greene Counties) E-mail: [ttfadv26@usit.net](mailto:ttfadv26@usit.net)

### **Counseling & Treatment**

Safe House/Frontier Health .....(423) 246-2273  
(Referrals, legal services, support groups)

### **Legal Services & Other Information**

Kingsport Police Department .....(423) 224-2538  
(Counseling, referrals)

Legal Services of Upper East Tennessee .....(423) 246-8734

## **KINGSTON**

### **Shelters & Hotlines**

Sexual Assault Crisis Center, Knoxville .....Crisis line 1-(888) 522-5244  
(Serves Anderson, Blount, Jefferson, Knox, Hotline (865) 522-7273  
Loudon, Morgan, Roane, Sevier, Office (865) 558-9040  
Campbell Counties)

YWCA of Oak Ridge .....Hotline (865)482-0005 or 1-(800) 768-4818

### **Counseling & Treatment**

YWCA of Roane County .....(865) 376-0062  
(Counseling, court advocacy and support)

### **Legal Services & Other Information**

District Attorney General's Office, Domestic Violence Division  
(865) 376-2145 Ext. 104

East Tennessee Human Resource Agency .....(865) 408-0843  
(Provides low cost transportation)

General Sessions Court Clerk.....(865) 376-5584

Rural Legal Services of Tennessee, Oak Ridge .....(865) 483-8454

**KNOXVILLE**

**Shelters & Hotlines**

- Associated Catholic Charities of East Tennessee.....(865) 545-7530  
(Shelter for the aging in emergency housing crisis or who are victims of  
elder abuse/neglect)
- Child and Family, Inc. ....1-(800)-445-6538
- Family Crisis Center.....Hotline (865) 637-8000  
Crisis Line.....(865) 673-3066  
E-mail: [tfadv11@usit.net](mailto:tfadv11@usit.net)
- New Life Inn.....Office (865) 673-6554
- Joy Baker Center .....Hotline (865) 522-4673  
E-mail: [tfadv30@usit.net](mailto:tfadv30@usit.net)
- Sexual Assault Crisis Center.....Crisis line 1-(888) 522-5244  
(Serves Anderson, Blount, Jefferson, Knox, Loudon, Morgan, Roane, Sevier,  
Campbell Counties)  
Hotline .....(865) 522-7273  
Office .....(865) 558-9040
- YWCA Victim Advocacy Program.....Office (865) 523-6126  
(Serves Knox, Union, Campbell Counties) E-mail: [tfadv23@usit.net](mailto:tfadv23@usit.net)

**Counseling & Treatment**

- Child and Family, Inc. ....1-(800)-445-6538  
(Counseling services for domestic violence, perpetrator treatment, support groups)
- East Tennessee Human Resource Agency .....(865) 691-2551  
(Domestic violence classes for the abuser)
- Family Crisis Center..... (865) 673-3066  
(Counseling, referrals, support groups)
- Knox County Sheriff’s Department.....(865) 215-3591  
(Counseling, referrals, support groups)
- Joy Baker Center .....(865) 522-4673  
(Counseling, referrals, support groups)
- Sexual Assault Crisis Center .....(865) 522-7273  
(Counseling, referrals, support groups)
- YWCA Victim Advocacy.....(865) 523-6126  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

- Knoxville Legal Aid Society.....(865) 637-0484

**LAWRENCEBURG**

**Shelters & Hotlines**

- The Shelter.....Hotline (931) 762-1115  
(Serves Giles, Lawrence, Wayne, Lewis Counties) E-mail: [tfadv34@usit.net](mailto:tfadv34@usit.net)

**Counseling & Treatment**

- The Shelter .....(931) 762-1115  
(Counseling, referrals, support groups)

# RESOURCES AND INFORMATION

Continued

## **Legal Services & Other Information**

Legal Services of South Central Tennessee, Columbia.....(931) 381-5533

### **LEBANON**

#### **Shelters & Hotlines**

HomeSafe in Wilson County .....Hotline (615) 444-8955  
E-mail: [tffadv20@usit.net](mailto:tffadv20@usit.net)

#### **Counseling & Treatment**

Cumberland Mental Health Services.....(615) 444-4300  
(Counseling, referrals, support groups)

HomeSafe in Wilson County .....(615) 444-8955  
(*Counseling, referrals, support groups*)

#### **Legal Services & Other Information**

Legal Aid Society of Middle Tennessee, Gallatin.....(615) 451-1880

### **LENOIR CITY**

#### **Shelters & Hotlines**

Domestic Violence Crisis Center.....Hotline (865) 988-7867  
(Serves Loudon, Roane, Monroe, Office (865) 986-3199  
Blount, Knox & surrounding counties) E-mail: [tffadv08@usit.net](mailto:tffadv08@usit.net)

Sexual Assault Crisis Center, Knoxville .....Crisis line 1-(888) 522-5244  
(Serves Anderson, Blount, Jefferson, Knox, Hotline (865) 522-7273  
Loudon, Morgan, Roane, Sevier, Office (865) 558-9040  
*Campbell Counties*)

#### **Counseling & Treatment**

Loudon County Domestic Violence Crisis Center .....Hotline (865) 988-7867  
(Counseling, referrals, support groups)

Lenoir City Family Resource Center.....(865) 986-0518  
(Provides parenting guidance and referrals)

United Way of Loudon County.....(865) 986-4820

#### **Legal Services & Other Information**

District Attorney General's Office, Domestic Violence Division  
(865) 376-2145 Ext.104

East Tennessee Human Resource Agency .....(865) 408-0843  
(Provides low cost transportation)

General Sessions Court Clerk (865) 986-3505

Good Samaritan Center .....(865) 986-1777  
 (Office hours 9:00 AM – 1:00 PM - Emergency assistance with food, utilities, rent)  
 Knoxville Legal Aid Society.....(865) 637-0484

**MADISON (See Nashville listing)**

**MANCHESTER**

**Shelters & Hotlines**

Haven of Hope .....Hotline 1-(800) 435-7739  
 (Serves Bedford, Coffee, Franklin, Moore Counties) Office (931) 728-1133  
 E-mail: [tfadv17@ficom.net](mailto:tfadv17@ficom.net)

**Counseling & Treatment**

Haven of Hope.....(931) 728-1183  
 (Counseling, referrals, support groups)

**Legal Services and Other Information**

Legal Services of South Central Tennessee, Tullahoma.....(931) 455-7000

**MARYVILLE**

**Shelters & Hotlines**

Child and Family Therapy Center.....(865) 983-9390  
 Haven House, Alcoa.....Hotline (865) 982-1087  
 (Serves Blount & Monroe Counties) Office (865) 983-6818  
 E-mail: [tfadv16@usit.net](mailto:tfadv16@usit.net)

Sexual Assault Crisis Center, Knoxville.....Crisis line 1-(888) 522-5244  
 (Serves Anderson, Blount, Jefferson, Knox, Hotline (865) 522-7273  
 Loudon, Morgan, Roane, Sevier, Office (865) 558-9040  
 Campbell Counties)

**Counseling and Treatment**

Haven House, Alcoa .....(865) 983-6818  
 (Counseling, referrals, support groups, court advocacy)

**Legal Services and Other Information**

Blount County Sheriff's Office in Maryville, Domestic Violence Unit (865) 273-5001  
 (Referrals to shelter)  
 Knoxville Legal Aid Society..... (865) 637-0484

**MCMINNVILLE**

**Shelters & Hotlines**

Families in Crisis.....Hotline (800) 675-0766  
 (Serves Grundy, Sequatchie, &Warren Counties).....Office (931) 473-6543  
 E-mail: [tfadv10@blomand.net](mailto:tfadv10@blomand.net)

**Counseling & Treatment**

Families in Crisis .....(931) 473-6543  
 (Counseling, referrals, support groups)

**Legal Services & Other Information**

Legal Services of South Central Tennessee, Tullahoma.....(931) 455-7000

# RESOURCES AND INFORMATION

Continued

## MEMPHIS

### Shelters & Hotlines

- CAAP Domestic Violence Program.....Hotline (901) 272-2221  
(901) 272-2227
- Memphis Interfaith Hospitality Network .....(901) 452-6446
- Memphis Sexual Assault Resource Center (MSARC).....(901) 272-2020  
(Serves Fayette, Lauderdale, Shelby & Tipton Counties)
- Salvation Army Family Shelter.....(901) 543-8586
- YWCA Abused Women Services .....Hotline (901) 725-4277  
(Cannot house males over 13 years old) E-mail: [ttfadv39@usit.net](mailto:ttfadv39@usit.net)  
E-mail: [ttfadv47@usit.net](mailto:ttfadv47@usit.net)

### Counseling & Treatment

- Exchange Club Family Center .....(901) 276-2200  
(Program for children who have witnessed domestic violence. Counseling services,  
Domestic Violence Assessment Center for offenders, some limited shelter)
- Family Services of the Mid-South.....Hotline/Crisis Line (901) 274-7477  
(Counseling, referrals, support groups).....Office (901) 324-3637
- Family Trouble Center .....(901)377-3127  
(Counseling, referrals, support groups, court ordered groups for perpetrators)
- Frayser Family Counseling Center .....(901) 353-5440  
(Counseling, referrals, support groups)
- Shelby County Government Victims' Assistance Center.....(901) 545-4357  
(Counseling, support groups, and other support services)
- YWCA Abused Women Services .....(901) 276-0576  
(Counseling, referrals, support groups)
- YWCA Court Advocacy Office.....(901) 529-1812

### Legal Services & Other Information

- Citizens Dispute .....(901) 545-2520  
(Assistance obtaining orders of protection and misdemeanor warrants.)
- District Attorney General's Office-Victim/Witness Unit.....(901) 545-5900  
(Assistance through court procedures)
- Domestic Violence Unit (Metro Police Dept.) .....(901) 545-4447
- Domestic Violence Unit (Colliersville Police Dept.)...(901) 853-3207 or (901) 853-3210  
(Counseling, referrals)
- General Sessions Clerk's Office .....(901) 545-5100  
(Information regarding court dates and times.)
- Memphis Area Legal Services .....(901) 523-8822



- Shelby County Government Victims' Assistance Center .....(901) 545-4357  
(Assistance filing Orders of Protection, assistance filing Tennessee victims  
Compensation claims, court accompaniment, referral and case management of  
social service needs.)
- YWCA Court Advocacy Office.....(901) 529-1812  
(Assistance filing Orders of Protection, pre-divorce counseling, court  
accompaniment, assistance filing Tennessee Victim Compensation claims,  
referrals.)

**MOUNTAIN CITY**

**Shelters & Hotlines**

Johnson County Safe Haven .....Hotline (423) 727-1914

**Counseling & Treatment**

Johnson County Safe Haven.....(423) 727-1914  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

Legal Services of Upper East Tennessee (423) 928-8311

**MORRISTOWN**

**Shelters & Hotlines**

CEASE of Hamblen County .....1 (800) 303-2220 or (423) 581-2220  
(Serves Hamblen, Hawkins, Granger Counties)

**Counseling & Treatment**

CEASE, Inc. ....(423) 581-7029  
(Counseling services, support groups)

**Legal Services & Other Information**

Legal Services of Upper East Tennessee, Morristown .....(423) 587-4850

**MURFREESBORO**

**Shelters & Hotlines**

Domestic Violence Program .....Hotline (615) 896-2012  
E-mail: [tfadv09@usit.net](mailto:tfadv09@usit.net)  
(Serves Cannon County for court advocacy only, and Rutherford County)

**Counseling & Treatment**

Domestic Violence Program.....(615) 896-2032  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

Legal Aid Society of Middle Tennessee.....(615) 890-0905

**NASHVILLE**

**Shelters & Hotlines**

Child Abuse Prevention of Tennessee .....Hotline 1 (800) 356-6767  
Crisis Intervention Center .....Hotline (615) 244-7444  
Oasis Center Emergency Shelter for teens, ages 13-17 .....Hotline (615) 327-4455  
Madison Domestic Violence Program & Shelter .....Hotline (615) 860-0003

# RESOURCES AND INFORMATION

Continued

- Rape and Sexual Abuse Center .....Hotline 1-(800) 879-1999  
(Serves all Middle Tennessee Counties)
- Ujima House.....Hotline (615) 242-9260  
Office .....(615) 242-5297  
E-mail: [ttfadv35@usit.net](mailto:ttfadv35@usit.net)
- YWCA Shelter & Domestic Violence Program .....Hotline (615) 242-1199  
Office .....(615) 242-1070  
E-mail: [www.theyw.com](http://www.theyw.com)

## **Counseling & Treatment**

- Centerstone, Inc. at Dede Wallace .....(615) 460-4357  
(Counseling, referrals, support groups)
- Centerstone, Inc. at Lloyd C.Elam Mental Health Center.....(615) 327-6609  
(Referrals, support groups)
- Cumberland Heights Domestic Violence Program .....(615) 353-4305  
(Domestic violence programs for people with substance abuse issues)
- Domestic Violence Intervention Center (formerly PEACE) .....(615) 255-0711  
(Counseling, advocacy, referrals, group counselors for perpetrators of domestic violence)
- Family and Children's Services.....(615) 327-0833  
(Counseling, referrals, support groups)
- Luton Community Mental Health Center .....(615) 279-6700  
(Counseling, support groups)
- Madison Domestic Violence Program & Shelter .....(615) 860-0188  
(Counseling, referrals, court advocacy, support groups)
- Rape and Sexual Abuse Center .....(615) 259-9055  
(Counseling, referrals, support groups)
- S.A.V.E. (Survivors Against Violent Environments).....(615) 202-5252  
(Referrals, support groups)
- Ujima House.....(615) 242-5297  
(Counseling, referrals, court advocacy, support groups)
- YWCA Shelter & Domestic Violence Program .....(615) 242-1070  
(Counseling, referrals, court advocacy, support groups)
- You Have the Power .....(615) 292-7027  
(Referrals, resource information)
- Vanderbilt Community Mental Health Center..... (615) 322-2028  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

- Legal Aid of Middle Tennessee.....(615) 244-6610
- Child Support Services of Davidson County.....(615) 726-0530  
(Assistance with enforcing and obtaining orders for child support)
- Circuit Court Clerk's Office .....(615) 862-5181  
(Orders of protection & information)
- Davidson County Sheriff's Department.....(615) 862-8123  
(Bond/bail/inmate information)
- Domestic Violence Unit, Metro Nashville-Davidson County .....(615) 880-3000  
(Assistance with obtaining orders of protection, short term counseling)
- General Sessions Court .....(615) 862-8380  
(Probation information)

**OAK RIDGE**

**Shelters & Hotlines**

- YWCA Family Violence Program .....Hotline (865) 482-0005  
(Serves Anderson, Campbell, Knox, Loudon, Office (865) 482-9922  
Morgan, Roane, Scott & Union Counties) E-mail: [tfadv40@usit.net](mailto:tfadv40@usit.net)
- Sexual Assault Crisis Center, Knoxville .....Crisis line 1-(888) 522-5244  
(Serves Anderson, Blount, Jefferson, Knox, Hotline (865) 522-7273  
Loudon, Morgan, Roane, Sevier, & Office (865) 558-9040  
Campbell Counties)

**Counseling & Treatment**

- YWCA Family Violence Program .....(865) 482-9922  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

- Rural Legal Services of Tennessee.....(865) 483-8454  
1-(800) 483-8457 for Roane County

**ONEIDA**

**Shelters & Hotlines**

- Scott County Women's Shelter, Huntsville .....Hotline (423) 569-3333  
Office .....(423) 569-3355  
E-mail: [tfadv31@highland.net](mailto:tfadv31@highland.net)

- Sexual Assault Crisis Center .....Hotline 1 (888) 522-5244

**Counseling & Treatment**

- Family Psychiatric Center..... (423) 569-5856  
(Serves Campbell, Fentress, Morgan, & Scott Counties in Tennessee. Serves  
McCreary & Pulaski Counties in Kentucky)

**Legal Services & Other Information**

- District Attorney General's Domestic Violence Unit.....(423) 566-0199  
(Serves Campbell, Clayborn, Fentress, Scott & Union Counties)
- Rural Legal Services of Tennessee, Inc.....1-(800)-483-8457



**SPRINGFIELD**

**Shelters & Hotlines**

HomeSafe in Robertson County .....Hotline (931) 382-0829  
E-mail: [ttfadv18@usit.net](mailto:ttfadv18@usit.net)

**Counseling & Treatment**

HomeSafe in Robertson County .....(931) 382-0829  
(Counseling, referrals, support groups)

**Legal Services & Other Information**

Legal Aid Society of Middle Tennessee, Nashville.....(615) 244-6610

**TAZEWELL**

**Shelters & Hotlines**

CEASE Domestic Violence & Sexual Assault, Inc. ....Hotline 1 (800) 303-2220  
Office .....(423) 626-4446  
E-mail: [cease@lcf.net](mailto:cease@lcf.net)

**Counseling & Treatment**

Cherokee Health Systems.....(423) 586-5031

**Legal Services & Other Information**

District Attorney General's Domestic Violence Unit.....(423) 566-0199  
(Serves Campbell, Clayborn, Fentress, Scott & Union Counties)  
Rural Legal Services of Tennessee, Inc. ....1-(800) 483-8457

**TULLAHOMA**

**Shelters & Hotlines**

Haven of Hope, Manchester .....Hotline 1-(800) 435-7739  
(Serves Bedford, Coffee, Office (931) 728-1133  
Franklin & Moore Counties) E-mail: [ttfadv17@ficom.net](mailto:ttfadv17@ficom.net)

**Counseling & Treatment**

Haven of Hope, Manchester .....(931) 728-1133  
(Counseling, referrals, support groups)

**Legal Services and Other Information**

Legal Services of South Central Tennessee ..... (931) 455-7000

**WARTBURG**

**Shelters & Hotlines**

Battered Women, Inc., Morgan County Office.....(423) 346-1632

**Legal Services and Other Information**

District Attorney General's Office, Domestic Violence Division ...(865) 376-2145  
Ext.104 General Sessions Court Clerk .....(423) 346-3503  
Morgan County Health Department, Wartburg .....(423) 346-6272  
Rural Legal Services of East Tennessee, Oak Ridge.....(865) 483-8454

## READING RESOURCES

- Cantrell, Leslie A. *Into the Light: A Guide for Battered Women*. Charlotte, NC: Kids Rights, 1997. To order: 1-800-892-KIDS.
- Evans, Patricia. *Verbal Abuse: Survivors Speak Out*. Holbrook, MA: Bob Adams, Inc. Publishing, 1993.
- Goetting, Ann, Ph.D. *Getting Out: Life Stories of Women Who Left Abusive Men*. New York: Columbia University Press, 1999.
- For Shelter and Beyond: Ending Violence Against Battered Women and Their Children*. Second edition. Boston, MA: Massachusetts Coalition of Battered Women Service Groups, Inc., 1990.
- Herman, Judith. *Trauma and Recovery*. New York: HarperCollins, 1992.
- Jones, Ann, and Susan Schechter. *When Love Goes Wrong: What To Do When You Can't Do Anything Right*. New York: HarperCollins, 1992.
- Maracek, Mary. *Breaking Free From Partner Abuse: Voices of Battered Women Caught in the Cycle of Domestic Violence*. Buena Park, CA: Morning Glory Press, 1993.
- Nicarthy, Ginny. *Getting Free: You Can End Abuse and Take Back Your Life*. Seattle, WA: Seal Press, 1997.
- Vanzant, Iyana. *Faith in the Valley: Lessons for Women on the Journey to Peace*. New York: Simon & Shuster, 1998.
- White, Evelyn C. *Chain Chain Change, For Black Women Dealing with Physical and Emotional Abuse*. Seattle, WA: The Seal Press, 1985.

### **You Have the Power thanks the following individuals who contributed resource information for “When Violence Hits Home”:**

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Tennessee Legal Services and Legal Aid Network  
Verna Wyatt and Sara Kemp, *You Have the Power...Know How to Use It, Inc.*

Change can occur rapidly with regard to services, shelters, and resources for victims of domestic violence, and we ask that you please notify us of any new information in your town or city that you would like included in our next printing of this book. Please also take a moment to complete the following evaluation and send it to 2814 Twelfth Avenue South, Nashville, TN 37204, or fax (615) 292-4088. To speak with us directly, call (615) 292-7027.

***Evaluation***

I am:

- a survivor of domestic violence.
- a friend or family member of a survivor.
- a concerned citizen.
- a victim services provider.
- other (please describe)

Please rank “When Violence Hits Home” in the following categories:

***Excellent    Good    Fair    Poor    Don't know***

1. Facts about domestic violence
2. Safety plan
3. Suggestions for helping
4. Warning list
5. Resources phone numbers

How could we improve this guidebook?

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# NOTES

1. Bureau of Justice Statistics, *Report to the Nation on Crime and Justice: The Data* (Washington, D.C.: Office of Justice Program, U.S. Department of Justice, October 1983).
2. *Uniform Crime Reports* (Federal Bureau of Investigation, 1991).
3. Surgeon General of the United States, 1992.
4. March of Dimes, 1992.
5. *Uniform Crime Reports* (Federal Bureau of Investigation, 1990).
6. *The Basics of Batterer Treatment* (Jamaica Plain, MA: Common Purpose, Inc., n.d.).
7. Surgeon General Antonia Novello, as quoted in *Domestic Violence: Battered Women*, a publication of the Reference Department of the Cambridge (Massachusetts) Public Library.
8. *For Shelter and Beyond* (Boston: Massachusetts Coalition of Battered Women Service Groups, 1990).
9. David Adams, "Identifying the Assaultive Husband in Court: You be the Judge," *Boston Bar Journal* 33 (4) (July/August 1989).
10. *Journal of the American Medical Association*, 1992.
11. A.S. Helton, "Battering During Pregnancy: Prevalence Study in a Metropolitan Area," (Master's thesis, Texas Woman's University, 1985).
12. Barbara Hart (National Coalition Against Domestic Violence, 1988).
13. Senator Joseph Biden, *Violence Against Women: Victims of the System* (Washington, D.C.: U.S. Senate Committee on the Judiciary, 1991).
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15. *Ms.*, Volume V, Number 2 (September/October 1994).
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